



Geneva Township Center

400 Wheeler Drive
Geneva, IL 60134
630/232-3602
Hours: 8:30-4:30 M-F

Geneva Township Officials

J. Patrick Jaeger, Supervisor
Sharon Brazill, Trustee
John Connolly, Trustee
Robert Kovacs, Trustee
Dick Sharp, Trustee
Sheri McMurray, Director



Important Dates

Ladies Tea Hats	4/1
Wheeler Walkers	4/7
FREE Brunch	4/8
Art in the Park	4/8
Russian Cities	4/13
Gardening	4/13
FREE Meals	4/18
Beginning Computer	4/20
Center Closed	4/22
Healthy Aging	4/26

April

2011



The Center Newsletter

2ND ANNUAL ART IN THE PARK

For the second year in a row, artist members of the Center will showcase their artwork on the porch. You won't want to miss this opportunity! Come tour the display on **Friday, April 8th at 1:00 pm.** and support our talented artists. Maybe you'll catch the "art bug" and join the painting group that meets every **Monday at 1:00 pm.** Some of their work has been displayed in the Center but you'll have the chance to see the whole collection at this afternoon event. Refreshments will be served and a group of Center members will provide entertainment for the attendees.

FREE MEALS FOR APRIL'S SPRING CELEBRATION

Three separate seatings of our free meals proved successful in March; less hubbub while accommodating more people. We're again offering three seatings. Geneva Township residents 55+ and members of the Center may call for a reservation for **ONE MEAL ONLY.** Call 630/232-3602 **no earlier than Monday, April 4th.** No reservations will be taken prior to the 4th. Note the meal details below and call early to reserve your seat at only one meal.

CHOOSE ONLY ONE!

1. **Friday, April 8 at 10:30 am** Egg Harbor will cater a hearty brunch of scrambled eggs with ham and cheese, skillet potatoes w/vegetables and cheese, and fresh fruit.
2. **Monday, April 18 at 11:30 am** enjoy a delicious lunch catered by **Villa Verone** of caprese salad, penne and ravioli pasta dishes, house salad, chicken with portabella mushrooms and pearl onions in a marsala wine sauce, and mini cannolis for dessert.
3. **Monday, April 18 at 4:00 pm** you'll have the same menu as the **Villa Verone** lunch above - Try this early dinner for a convenient change of pace!

If you attend one of the Monday, April 18 meals, you are encouraged, (but not required), to wear a decorated hat to mark this month's Spring Celebration (*see associated article about ladies hats on p. 3*).

The Center will be closed Friday, April 22nd for the Spring Holiday

To Reach Director Sheri McMurray call 1-630-232-3602

Mission Statement

The mission of the Geneva Township Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.

NEW BEGINNING COMPUTER SESSION

A new session of the very popular beginning computer classes taught by **Richard Schrank** will start on **Wednesday, April 20th from 9:00 am – 10:00 am**. Subsequent classes will meet on **April 27th, May 4th and May 11th**. Richard will guide students through a four-week session devoted to topics that every beginning computer user needs to know. His patient style will suit everyone! **Note that this class is limited to 6 individuals.** Call the Center at 630/232-3602 to reserve your spot.

AARP TAX APPOINTMENTS END APRIL 14

Appointment times are still available for 2010 tax preparation at the Center... but don't wait too long. AARP volunteer tax preparers will help complete your return on **Tuesday and Thursday through April 14 by appointment only**. This year most returns are filed electronically with quick confirmation of its acceptance by the IRS. Call the Center at 630/232-3602 with questions or to schedule an appointment.

FUNNY TEXTING CODES FOR 65+!

In case your cell phone use has gone from making and receiving phone calls to "texting" like the younger set, a member of the Center passed along some humorous codes for your future texts. A few are included below... Please don't text and drive!

ATD: At the Doctor

BYOT: Bring Your Own Teeth

LWO: Lawrence Welk's On

OMMR: On My Massage Recliner

CUATC: See You at the Center!

WTP: Where's The Prunes?

ICBM: I'm Covered by Medicare

Any Questions? Call Director Sheri McMurray at 630-232-3602

"PET OF THE MONTH" SET TO DEBUT IN MAY!

A new feature column will debut in the May Center newsletter... **Pet of the Month**. Pets are very important members of many households. Members may submit a picture of their pet or pets. Be creative! Your photo can include you and your "friend(s)". Be sure to include your name, the pet's name, and any other information you'd like the reader to know... like age or favorite activity. Photos can be emailed to Sheri at: smcmurray@genevatownship.com, or mail or drop one off at the Center. Every month we'll feature a different member's pet. If you have questions, call the Center at 630/232-3602.

HEALTHY AGING

Aging is certainly a part of life and with it comes changes. However, if you tour the Center on any weekday, you can't help but be impressed by all of our members who've embraced their lives (changes and all). On **Tuesday, April 26 at 1:00 Pam Sebern**, Executive Director of Arden Courts of Geneva, will present a program that discusses normal memory functions, age related disabilities, and how our lifestyle can help maintain a "healthy brain". Save the date so you won't miss this enlightening program. Please call the Center at 630/232-3602 to sign up. You can also let us know if you'd like to come for the deli lunch that will be served from 11:30-12:15, before the program.

WHEELER WALKERS WALKING

Feeling cooped up? Tired of the cold and snow? Come join the **Wheeler Walkers** on **Thursday, April 7 at 9:30 am** as the "walkers" step into spring and start navigating the walking paths in Wheeler Park again. They'll walk; weather permitting, every Thursday at 9:30. You can walk with a group or at your own pace. If you haven't joined this enthusiastic group before, why not give it a try! Get some fresh air and enjoy the beautiful park just outside the Center doors. Call Sheri at the Center if you have any questions.

CELEBRATE SPRING WITH A BONNET AT TEA

You might associate the spring or Easter bonnet with Irving Berlin and "Easter Parade". While few women follow the tradition of purchasing and wearing spring bonnets these days, we thought we'd revive the practice and create our own version of a spring bonnet during the **Ladies Tea on Friday, April 1st at 11:00**. Bring a hat, any hat, and we'll provide materials to decorate it. If you don't have one lying around; try a craft or thrift shop. Let us know if you plan to attend the Tea by calling 630/232-3602. Then, on Monday, April 18 women (*and men*) can wear a decorated hat at one of the Spring Celebration FREE meals.

GARDENING MADE EASIER

Before you put on your garden gloves and venture outside to use your spade to turn the soil for the growing season, come to the Center on **Wednesday, April 13 at 10:30** for a presentation by **Liz Wiggins**, an occupational therapist with Delnor Home Health and Rehab Services. Liz will provide information about protecting your wrists, hands, and back. In addition, she'll teach you how to simplify tasks and make you aware of adaptive equipment that can make yard and gardening work easier and more efficient. Call the Center at 630/232-3602 to sign up for this presentation.

RUSSIA'S GREAT CITIES

On **Wednesday, April 13 at 10 am** enjoy a fascinating talk by **Bill Helmuth** at the Center as part of **Waubonsee Community College's** community education series. Bill was the director of sales for Time-Life Books (Asia) and after traveling to more than 100 countries has "stories" to tell. You must register with Waubonsee and purchase a ticket (\$15) to attend this presentation. Purchase tickets at www.waubonseetickets.com or call 630/466-2360.

GENEVA FRIENDLY SENIORS TURN 40!

To celebrate the 40th anniversary of the **Geneva Friendly Seniors (GFS)** group, the Geneva Park District will hold a luncheon at the District's Community Center (710 Western Avenue, Geneva) on **Wednesday, May 11 from 12:30 – 3:00 pm**. A lunch of salad, beef stuffed cabbage, oven roasted potatoes, buttered corn, and rolls will be served. Entertainment will be provided by *Edizon Dayo*. The cost for the lunch and entertainment is \$8 per person. We congratulate GFS as they mark their 40th year. All members of the Center are invited by the GFS to attend this celebration. Call the Center at 630/232-3602 to make a reservation no later than Tuesday, May 3. Remember; the GFS also meets at the Center every month on the 4th Wednesday at 12:30.

Daily Drop-In Activities

The following activities are available whenever the Center is open, Monday through Friday, 8:30-4:30. It's all free; no need to sign up!

- **Billiards:** 8-ball and 9-ball, on the porch when the porch is not scheduled for other activities. The players tend to be there Tuesday and Wednesday mornings. Also, you can always practice alone.
- **Bocce Ball:** The court is outdoors, along the Southeast side of the building, (seasonal).
- **Refreshments, free anytime:** hot coffee, sweet rolls, granola bars.
- **Magazines:** the latest are in the lounge area.
- **Newspapers:** Daily Herald, Chronicle, Tribune, Wall Street Journal. New every day.
- **Jigsaw Puzzles:** One is always underway and anyone can help solve it.
- **Games:** Bridge, card bingo, pinochle, poker, cribbage, train dominoes, chess, Mah Jongg and other board games.
- **Sony Wii:** bowling, golf, race cars and boxing.
- **55"Big Screen TV:** When the TV room is not otherwise in use, you can watch our movies or bring in one of your own.

BRIDGE GROUP POPULAR

Maybe you play bridge other places besides the Center or you played long ago and think you're a little rusty... our current bridge group (growing every week) would welcome you to join them on **Tuesday at 12:30** for a wonderful, stimulating afternoon of bridge. This group plays Chicago Style Party Bridge every Tuesday. Call the Center at 630/232-3602 with questions or just drop by any Tuesday and meet some of the players.



400 Wheeler Drive
Geneva, IL 60134

PRSR STD
U. S. POSTAGE
PAID
Geneva, IL
Permit No. 696

Returned Service
Requested

Save a Stamp

Sign up to receive your newsletter, calendar and menu electronically. Just e-mail a request to Sheri McMurray at: smcmurray@genevatownship.com

April 2011

FRIDAY MOVIES @ 1:00 PM

Friday, April 1

Rabbit Hole starring Nicole Kidman

Friday, April 8

Temple Grandin starring Claire Danes

Friday, April 15

The Lightkeepers with Richard Dreyfuss

Friday, April 29

That Evening Sun with Hal Holbrook

BOOK CLUB CHOOSES *KITE RUNNER* FOR APRIL

A 2003 novel by **Khaled Hosseini** is the April book club selection. A young boy named Amir living in Kabul, Afghanistan befriends Hassan, the son of his father's servant. The fall of Afghanistan, mass exodus of refugees to Pakistan and the United States, and the rise of the Taliban regime serve as a backdrop for the story. The book club will meet to discuss the ***Kite Runner*** on **Monday, April 25 at 10:30**. Join them!

DON'T FORGET OUR FREE SERVICES

Services are free of charge to Geneva Township residents age 55+!

- Hearing Screen (2nd Monday)
- RTA Senior Citizen Fare I.D. Photos & Cards. (Age 65+ only!) One stop. (*[\$5.00 charge for non-residents]*)
- Personal Document Shredding
- File of Life
- Notary Service (No Cook County real estate docs.)
- Well-Being Check
- Senior Services Associates, Inc. Caseworker (every Wednesday)
- Central Kane County TRIAD
- Computer class (every Tuesday morning)
- Free Monthly Lunch and Daily Refreshments
- Free Flu Shot Clinic
- Blood Pressure Check (4th Wednesday)
- Monthly Free Meal

BOCCE BALL FEVER

Who will be the first player to throw the "jack" in the first match of 2011? The bocce ball court behind the Center is open and available for "bowlers"! Ask in the Center office if you need the game equipment.