

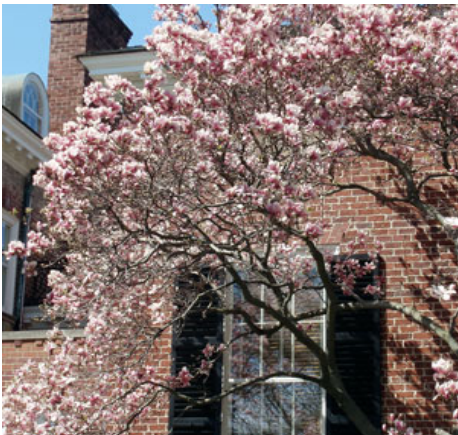


**Geneva Township
Senior Center**

400 Wheeler Drive
Geneva, IL 60134
Hours: 8:30-4:30 M-F

Geneva Township Officials

- J. Patrick Jaeger, Supervisor
- Sharon Brazill, Trustee
- John Connolly, Trustee
- Robert Kovacs, Trustee
- Dick Sharp, Trustee
- Sheri McMurray, Director



**Mary Lemak's
Award Winning Photo**

Important Dates

Bears Game	1/2
Bowling	1/14 & 1/28
Knit & Crochet	1/12 & 1/26
Center Closed	1/17
Landscape Demo	1/19
Winter Walk	1/27
Valentine Craft	1/28
FREE LUNCH	1/31
Museum Trip	2/4
AARP Tax Appt	2/8

January

2011



Senior Center Newsletter

SMITHSONIAN EXHIBIT TRIP IN FEBRUARY

A trip to view a **Smithsonian Institution** traveling display exhibited at the Schingoethe Center for Native American Cultures at Aurora University is planned for **Friday, February 4**. "IndiVisible: African-Native American Lives in the Americas", a joint collaboration between the National Museum of the American Indian and the National Museum of African American History and Culture, chronicles stories of cultural integration and daily cultural practices that define the African-Native American experience through food, language, writing, music, dance and the visual arts. The **Schingoethe Museum** also features 5000 North American Indian artifacts. We will leave the Center at **9:30 a.m.** and travel by bus to the Schingoethe Museum. On the way back, we'll stop for lunch at your option and expense before returning to the Center. **There is a cost of \$16 for bus transportation.** We need a **minimum of 18** people for this trip. Call the Center at 630/232-3602 to sign up.

CENTER MEMBER WINS CANTIGNY CONTEST

You may have seen Center member, **Mary Lemak**, recording events like the Holiday Celebration show through her camera lens. Next time you see Mary, congratulate her on her grand prize winning photo chosen by visitors to **Cantigny Park** in Wheaton in the annual *Cantigny in Focus* amateur photo contest. Mary's photo of the **Robert R. McCormick Museum** at Cantigny seen through a blooming magnolia (see left), captured the prize over 20 finalists that had been chosen from 1,000 entries. Well done, Mary!

PLAY-OFF BOUND BEARS

The Center will open on **Sunday, January 2 at 3:00 p.m.** for the Bears game against the Packers. View the game on the Big Screen TV in the meeting room or on the NEW flat screen located on the porch. Snacks will be served.

***The Center will be closed on Monday, January 17 to observe
Martin Luther King Jr. Day***

To Reach Director Sheri McMurray call 1-630-232-3602

Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.

VALENTINE TREAT CUPS

Treat yourself or someone you care about to a “sweet” handmade Valentine’s Day treat cup. We’ll use a combination of plastic cups, card stock, double-sided crepe paper and trim to create this fun craft on **Friday, January 28th at 11:00**. Of course, we’ll supply the candy to fill them, too. A sample will be on display at the Center. There will be a \$2 cost to cover your materials for this project. Please sign up when you’re at the Center or call Sheri at 630/232-3602 so we’ll have enough supplies.

NEW KNIT AND CROCHET GROUP

In a previous newsletter we asked about interest in a group that would meet to knit, crochet, or do other kinds of “handwork”. We have several people signed up and hope that you’ll join them in this new group on **the 2nd and 4th Wednesday of each month at 10:30**. This month it’s scheduled for **Wednesday, January 12th and 26th**. Enjoy the company of others as you create something beautiful! As always, enjoy some refreshments, too.

AARP VOLUNTEER TAX PREPARATION

It’s time to start thinking about preparing your 2010 taxes! We’re glad to have the AARP volunteer tax preparers back at the Center to make, what can be a dreaded task, just a little easier. AARP volunteers are trained and tested in current tax law using materials from the IRS. They can complete most tax forms including 1040EZ, 1040A, and 1040 with schedules. However, please see a professional tax preparer for complicated returns. For a specific list of tax forms that can be completed by the AARP preparers, please contact the Center. Appointments are available beginning **Tuesday, February 8, at 10:00**. The AARP preparers will be at the Center on Tuesday and Thursday each week during the tax season from 10:00-4:00. Call the Center at 630/232-3602 to reserve an appointment time.

DON’T FORGET FRIDAY BOWLING

Now that we’re back to a more regular schedule after the holidays, don’t forget to join the bowlers on the 2nd and 4th Friday – this month it’s **January 14th & 28th at 1:00 pm** at **Bowling Green Sports Center** located at 30W150 W. Roosevelt Road, West Chicago. The group bowls two games and welcomes all ability levels. Costs include \$1.05 per game and \$1.00 for shoe rental.

SIGN IN AND BE COUNTED!

The Center is busy these days... we want to keep track of all your comings and goings! Signing in helps us plan for future programming. We also want to keep track of the number of visitors and members who are using the facility. Please sign the book on the library table in the social hall located just inside the front double doors of the Center. Include your name, the date, activity you’re participating in, and if appropriate check the “member” column. If you know someone who’d like to become a member, applications are available near the sign-in book or ask Sheri.

LET THE FREE LUNCH BEAT THE “WINTER BLUES”

Winter just officially began but we’re pretty sure you’ll forget about the cold and snow if you join us **inside** for the January **FREE** lunch on **Monday, Jan. 31 at 11:30**. All Geneva Township residents age 55+ and members of the Center are invited to sign up for this month’s **FREE** lunch catered by **Corner Bakery** in Geneva. We’ll dine on a “hearty” garden vegetable penne pasta with marinara, salad, bread, and cake. We can only accept the first 100 reservations so be sure to call 630/232-3602 early to reserve your place. Stop in the Center office before you enter the dining room that day for your nametag.

TOLLWAY ZERO WEATHER ROAD PATROLS

If you've ever traveled on the Illinois Tollway, you've probably seen the Tollway Highway Emergency Lane Patrol (H.E.L.P.) trucks assisting stranded motorists with flat tires, empty gas tanks, or other mechanical problems. Winter temperatures that frequently dip below zero in this area present an even bigger danger for drivers. While the H.E.L.P. trucks operate year round from 5:00 a.m. to 8 p.m., Monday through Friday, the Zero Weather Road Patrols operate 24-hours a day and are activated when the temperature and/or wind chill drops below zero. They search for stranded motorists in disabled vehicles and respond to cell phone calls that come in to *999 motorist assistance or the Illinois State Police. If you find yourself stranded; turn on your emergency blinkers, call *999 if you have a cell phone and report the closest mile marker, and always remain in your vehicle until help arrives.

WATERCOLOR DEMONSTRATION

This month we're offering an opportunity to attend a landscape watercolor demonstration by our member and artist, **Dave Reichert**, on **Wednesday, January 19 at 10:00 am**. Dave first taught watercolor classes at the Center in 2007. You may also remember that he volunteered to design and paint a rain barrel that was the Center's entry in the Geneva *Rain Barrels on Parade* during the summer of 2008. Dave used a southwestern American Indian theme for his design that was aptly called "Rain Dance". Don't miss this demonstration! Let us know that you'll attend by calling the Center at 630/232-3602.

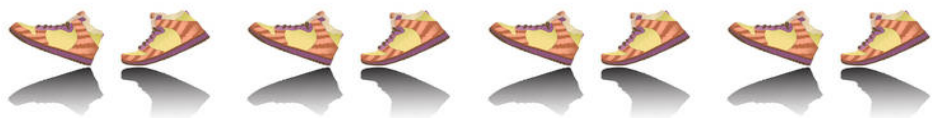
NEW WINTER WALKING PROGRAM

The winter weather has derailed our Thursday *Wheeler Walkers*. If you are a *Wheeler Walker* or have been flirting with the idea of joining, come help kick off a new winter alternative on **Thursday, January 27 at 9:30 a.m.** that will record your walking steps - whether you're inside or outside. **Before starting any exercise program, check with your doctor.** A pedometer is a convenient way to track your progress. For the kick-off meeting, the Center will provide a pedometer. On the 27th, we'll practice using the pedometer, suggest ways to start a program and log your progress, and offer a list of indoor places in the area that can support "winter walking" by yourself or with a group. If you have any questions, please call Sheri at 630/232-3602.

Daily Drop-In Activities

The following activities are available whenever the Center is open, Monday through Friday, 8:30-4:30. It's all free; no need to sign up!

- **Billiards:** 8-ball and 9-ball, on the porch when the porch is not scheduled for other activities. The players tend to be there Tuesday and Wednesday mornings. Also, you can always practice alone.
- **Bocce Ball:** The court is outdoors, along the Southeast side of the building, (seasonal).
- **Refreshments, free anytime:** hot coffee, sweet rolls, granola bars.
- **Magazines:** the latest are in the lounge area.
- **Newspapers:** Daily Herald, Chronicle, Tribune, Wall Street Journal. New every day.
- **Jigsaw Puzzles:** One is always underway and anyone can help solve it.
- **Games:** Bridge, pinochle, poker, cribbage, train dominoes, chess, Mah Jongg and other board games.
- **Sony Wii:** bowling, golf, race cars and boxing.
- **55" Big Screen TV:** When the TV room is not otherwise in use, you can watch our movies or bring in one of your own.



To Reach the Center Call 1-630-232-3602



Senior Center

**400 Wheeler Drive
Geneva, IL 60134**

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**Returned Service
Requested**

Save a Stamp
Sign up to receive your newsletter, calendar and menu electronically. Just e-mail a request to Sheri McMurray at: smcmurray@genevatownship.com

January 2011

JANUARY FLICKS

Join us on Friday at 1:00 pm and escape with a movie and popcorn. Bring a friend!

- Friday, January 7** **Eat Pray Love**
with Julia Roberts
- Friday, January 14** **Get Smart**
with Steve Carell
- Friday, January 21** **Soloist**
with Robert Downey Jr.
- Friday, January 28** **Dreamgirls** with
Beyonce Knowles

DON'T FORGET OUR FREE SERVICES

Services are free of charge to Geneva Township residents age 55+!

- RTA Senior Citizen Fare I.D. Photos & Cards. (Age 65+ only!) One stop. (*\$5.00 charge for non-residents*)
- Personal Document Shredding
- File of Life
- Notary Service (No Cook County real estate docs.)
- Well-Being Check
- Senior Services Associates, Inc. Caseworker (every Wednesday)
- Central Kane County TRIAD
- Computer class (every Tuesday morning)
- Free Monthly Lunch and Daily Refreshments
- Free Flu Shot Clinic
- Blood Pressure Check (4th Wednesday)
- Monthly Free Meal

BOOK CLUB JANUARY CHOICE

The National Book Award winner of 1953 is the Book Club's January selection. **Invisible Man** by Ralph Ellison addresses social and intellectual issues facing African-Americans in the early twentieth century. Don't miss the discussion of **Invisible Man** on **Monday, January 24 at 10:30.**

If you have any questions about these free services - or if you would like the Township to add a service to this list, give us a call at 630-232-3602.