



**Geneva Township
Senior Center**
400 Wheeler Drive
Geneva, IL 60134

Geneva Township Officials

J. Patrick Jaeger, Supervisor
Sharon Brazill, Trustee
John Connolly, Trustee
Robert Kovacs, Trustee
Dick Sharp, Trustee

Sheri McMurray, Director



Important Dates

AARP Driving	4 & 5
Flu Shot Clinics	9 & 11
Bears' Games	10, 17, 24
Pumpkin Craft	15
FREE Lunch	18
Brainstorming	22
Halloween Party	29

October

2010



Senior Center Newsletter

Chicago Bears on the Big Screen!

It's football season again... come to the Center three Sundays in October from 12:00 p.m. until 4:00 p.m. to watch the game in comfortable chairs on the big screen TV. If you want a break from the game or would just rather do something different, use the Center's computers to surf the internet or play a game of pool on the porch. Of course, a football game wouldn't be complete without snacks. Enjoy finger food and drinks in the dining room! Mark your calendar with the dates below. **GO BEARS!!**

Sunday, October 10 @ Carolina

12:00 p. m. - 4:00 p.m.

Sunday, October 17 @ Home vs. Seattle

12 :00 p.m. - 4:00 p.m.

Sunday, October 24 @ Home vs. Washington

12:00 p. m. - 4:00 p.m.



Oktoberfest Free Lunch and Entertainment

Feel a little like the millions of festival goers who venture to Munich, Germany for Oktoberfest every fall... and attend our monthly free lunch on **Monday, October 18 at 11:30**. All Geneva Township residents age 55+ and all members of the Senior Center may call for a reservation for this Oktoberfest lunch. We can accommodate the first 100 callers; please call early to make your reservation. The **Little Owl** will be serving bratwurst with warm German potato salad and hot sweet and sour red cabbage. Jerry May, sporting his *lederhosen* and playing his accordion, will entertain us with German polkas and other favorites.

Welcome Our New Director!

Township Trustees **Sharon Brazill; John Connolly, Bob Kovacs and Dick Sharp** along with Township Supervisor **Patrick Jaeger** are very pleased to announce that **Sheri McMurray** has been named as the Director of the Geneva Township Senior Center. Sheri has been a long time employee of the Township and is intimately familiar with the operations of the Center. Many of you may already know Sheri because she has spent many hours filling in as Center Director in the past. If you do not know Sheri, the next time you are at the Center, make it a point to say hello. The Trustees and the Supervisor warmly welcome Sheri to her new position, congratulate her on her appointment and are confident of a seamless transition.

Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.

Bowlers Wanted

After a summer's hiatus, the bowlers are ready to resume their quest for a perfect 300 game! Join them on the 2nd and 4th Fridays (**October 8th and 22nd**) at **1:00 p.m. at Bowling Green Sports Center** located at 30W150 W. Roosevelt Road, West Chicago. The group bowls two games and welcomes all ability levels. Costs include \$1.05 a lane and \$1.00 for shoe rental.

October Book Club Selection and Movie

The book club meets on the 4th Monday of each month at 10:30 a.m. to discuss that month's selection. October's book is **To Kill a Mockingbird** by Harper Lee. Come join the discussion on **Monday, October 25 at 10:30**. New members are always welcome! We'll show the film adaptation of the same name starring Gregory Peck that afternoon at 1:00 p.m. on the big screen TV. As always, popcorn included!

Don't Miss Your FREE Flu Shot

Geneva Township is sponsoring its **8th Annual** flu shot clinics this month on **Saturday, October 9 and Monday, October 11 from 9:00 to 12:00 noon**. The **Visiting Nurses Association of Fox Valley** will again be here to "gently" administer the shots. Any Geneva Township resident age 55+ not covered by Medicare Part B will have the cost of the flu shot covered by Geneva Township. Flu shots for Medicare Part B participants will be covered by Medicare. Please bring your Medicare card. All others can receive the shot at a cost of \$25.00 payable by cash or check only. With a doctor's prescription, the DPT (diphtheria, tetanus, and pertussis) will be administered at a cost of \$45.00 and the pneumonia shot is available for \$35.00. If you have any questions or need transportation, please contact the Senior Center at 630-232-3602.

Lost and Found

Over the last three years the Center has collected numerous items in its Lost and Found Box. Everything from umbrellas, eye glasses, canes, gloves, keys, coffee cups, earrings, baseball gloves, baseball caps, sunglasses etc., etc. The next time you are at the Center, please take a look and claim anything that belongs to you.

Let's Celebrate Summer's End

Long before our modern day spooks, black cats, pumpkins, apple bobbing, and trick or treating became synonymous with Halloween, an ancient Celtic festival, *Samhain*, honored and invited home a family's deceased ancestors while warding off harmful spirits. The wearing of costumes and masks was thought to have begun as a way to disguise oneself as a harmful spirit and thus avoid their harm. We've banished the harmful spirits but you can come in costume anyway on **Friday, October 29 at 1:30 p.m.** to celebrate the summer's end and an early Halloween. Costumes are optional but all costumed parties will receive a surprise! Call Sheri at the Senior Center at 630-232-3602 to sign up.

Triad Senior Safety Academy

The **Central Kane County TRIAD** is again offering an informative program for area seniors on **Thursday, October 28 from 9:00 a.m. – noon** at Delnor Community Hospital, Building 351 – Lower Level. Two topics will be highlighted: **Fires & Falls** presented by the Kane County Sheriff's Department and the Elgin Police Department and **Fire Safety & Prevention** presented by the Geneva Fire Department. Morning coffee and donuts and a free lunch are also included for attendees. Geneva Township is a founding member of Central Kane County Triad. If you'd like to attend, please RSVP to the Senior Center at 630-232-3602.

Brainstorming Session

The Geneva Township Senior Center celebrated its 3rd anniversary last month. The Center membership boasts more than 600 unique individuals. Amazing! For those of you who we've counted as members from the beginning, much has changed. The calendar is full of a variety of activities: educational, recreational, and artistic. Some days there isn't a spare room to be found and the excitement from all that activity is contagious. It seems like a good time to take a step back and look towards the future of the Center. Would you be interested in meeting with other members to share your thoughts and suggestions about programming? We hope to have at least one representative from each of the Senior Center's varied activities. Our first brainstorming session will take place on **Friday, October 22nd at 11:00 a.m.** in the dining room. Enjoy some coffee and a box lunch afterwards. Bring your ideas! Please call the Center at 630-232-3602 to let us know you'll attend and to make your lunch selection.

Sparkly Pumpkins

Would you like to be the only one on your block this Halloween with a "blinged-out" pumpkin? Come on **Friday, October 15 at 11:00** and create a bewitching "real" pumpkin studded with jewels and baubles. A little shimmer (or a lot!) will get you noticed on Halloween. Come by the Senior Center and see a sample. The cost for this craft is \$2.00. Call the Center at 630-232-3602 to sign up so we'll have enough pumpkins and supplies.

Knitting and Crocheting

Were your knitting needles and crochet hook stored away this summer in favor of outdoor activities? Now that crisper weather and more inside time is on the way, we're wondering if there is any interest in starting a group that would meet at the Center to knit and/or crochet. Warm beverages and snacks provided! Please call Sheri at the Center at 630-232-3602 if you're interested.

AARP Driving Course Sign-up

The **AARP Driver Safety Program** is being offered at the Center on **October 4th and 5th from Noon – 4:00 p.m.**; a few openings are still available. The cost is \$12 for AARP members and \$14 for all others. Many auto insurance companies give a discount to individuals who complete the course. Call the Senior Center at 630-232-3602 to sign up.

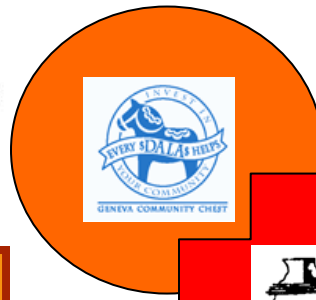
Daily Drop-In Activities

The following activities are available whenever the Center is open, Monday through Friday, 8:30-4:30. It's all free; no need to sign up!

- **Billiards:** 8-ball and 9-ball, on the porch when the porch is not scheduled for other activities. The players tend to be there Tuesday and Wednesday mornings. Also, you can always practice alone.
- **Bocce Ball:** The court is outdoors, along the Southeast side of the building.
- **Refreshments, free anytime:** hot coffee, sweet rolls, granola bars, etc.
- **Magazines:** the latest are in the lounge area.
- **Newspapers:** Daily Herald, Chronicle, Tribune, Wall Street Journal. New every day.
- **Jigsaw Puzzles:** One is always underway and anyone can help tackle it.
- **Games:** Bridge, pinochle, poker, cribbage, train dominoes, chess, Mah Jongg and other board games.
- **Walking Wheeler Park:** Paved paths take you throughout the park.
- **Sony Wii:** bowling, golf, race cars and boxing.
- **55" Big Screen TV:** When the TV room is not otherwise in use, you can watch our movies or bring in one of your own.

**THE SALVATION ARMY GOLDEN DINERS
GENEVA DELI 630-232-3602**

**SUGGESTED DONATION OF \$3.75 PER MEAL
BREAD & MILK SERVED DAILY
Serving Time 11:30 am**



MENU SUBJECT TO CHANGE

TUESDAY	WEDNESDAY	THURSDAY
<p>5</p> <p>Corn Chowder Sandwich on Sliced Wheat Bun: Sloppy Joes Honey Turkey & Muenster OR Salad: Asian Chicken Salad</p> 	<p>6</p> <p>Soft Taco (Seasoned Pork, Tomatoes, Lettuce, Spanish Rice, Pinto Beans) Soup</p>	<p>7</p> <p>Vegetable & Black Bean Soup Sandwich on Sliced Wheat Bun: BBQ Riblet Southwestern Ham Wrap OR Salad: Chicken Caesar Salad</p>
<p>12</p> <p>Beef Barley Soup Sandwich on Focaccia Bread: Hot Meatloaf Sandwich Ham & Turkey Club OR Salad: Cheese & Tortellini Salad (egg, lettuce & tomato)</p>	<p>13</p> <p>Beef Minestrone Stew Peas and Onions Bread Soup</p> 	<p>14</p> <p>Mediterranean Vegetable Soup Sandwich on Our Dough Bread: Hot Turkey Florentine Tuna Salad Sandwich OR Salad: BLT Chicken Salad</p>
<p>19</p> <p>Ham & Navy Bean Soup Sandwich on Multi- Grain Bread: Italian Beef & Swiss American Chicken Salad Sandwich OR Salad: Bow Tie Pasta & Garden Salad</p>	<p>20</p> <p>Boiled Ham Dinner Potatoes, Carrots, Cabbage, White Beans Whole Wheat Bread Soup Bingo</p>	<p>21</p> <p>Tomato & Tortellini Soup Sandwich on Sliced Wheat Bun: Chicago Style Hot Dog Shaved Ham & Provolone OR Salad: Grilled Chicken on Fresh Spinach</p>
<p>26</p> <p>Chicken & Wild Rice Soup Sandwich on Sliced Bun: Pulled Pork Sandwich Shaved Ham & Cheddar OR Salad: Tuna Salad (chef garnish & boiled egg)</p> 	<p>27</p> <p>Chicken Coq au Vin Veggies, Brown Rice Pilaf Spinach Whole Wheat Bread Soup Geneva Friendly Seniors</p> 	<p>28</p> <p>Vegetarian Gumbo Soup Sandwich on Focaccia Bread: Potato Crusted Fish Filet Ham & Turkey Club OR Salad: Chicken Pasta Salad w/ Shell Rigate</p>
		

Please Remember 2 DAYS NOTICE For Lunch



Senior Center

**400 Wheeler Drive
Geneva, IL 60134**

PRSR STD
U. S. POSTAGE
PAID
Geneva, IL
Permit No. 696

**Returned Service
Requested**

Save a Stamp
Sign up to receive your newsletter, calendar and menu electronically. Just e-mail a request to Sheri McMurray at: smcmurray@genevatownship.com

October 2010

Friday Matinee

Every Friday afternoon a movie is shown on the Big Screen television! The shades go down at 1:00 p.m. Settle in a comfortable chair, enjoy popcorn and drinks, and watch the film. Requests welcomed.

Friday, October 1	One True Thing
Friday, October 8	It's Complicated <i>(Back by Popular Demand)</i>
Friday, October 15	Anatomy of a Murder
Friday, October 22	Shutter Island
Friday, October 29	National Treasure

Free Breakfast

Join us for a FREE breakfast on Friday, October 8 at 9:30 a.m. Members of the Senior Center and Geneva Township residents 55+ are welcome to attend. You'll be dining on French toast and ham steak. Reservations are required. Please make your reservation by Wednesday, Oct. 6.

DON'T FORGET OUR FREE SERVICES

Services are free of charge to Geneva Township residents age 55+!

- RTA Senior Citizen Fare I.D. Photos & Cards, (age 65+ only!). One stop. (\$5.00 charge for non-residents)
- Personal Document Shredding
- File of Life
- Notary Service (No Cook County real estate docs.)
- Well-Being Check
- Senior Services Associates, Inc. Caseworker (every Wednesday)
- Central Kane County TRIAD
- Hearing Screening (2nd Monday each month)
- Computer class (every Tuesday morning)
- Free Monthly Lunch and Daily Refreshments
- Free Flu Shot Clinic

If you have any questions about these free services - or if you would like the Township to add a service to this list, give us a call at 630-232-3602.