



**Geneva Township  
Senior Center**

400 Wheeler Drive  
Geneva, IL 60134  
Open 8:30—4:30  
Monday - Friday

**Geneva Township Officials**

- J. Patrick Jaeger, Supervisor
- Sharon Brazill, Trustee
- John Connolly, Trustee
- Robert Kovacs, Trustee
- Richard Sharp, Trustee



**Celebrating a hole-in-one!**

**Important Dates**

- “Hats Off to You” 9/16
- FREE Lunch 9/20
- 3rd Birthday Party 9/28
- Flu Shot Clinic 10/9 & 10/11



**3rd Annual Golf Outing**

**September**

**2010**



**Senior Center Newsletter**

**Happy Birthday Senior Center:  
Your Place to Connect**

September is a month for celebrations! It’s National Senior Center month and we will celebrate the Geneva Township Senior Center serving seniors for 3 years! Yes, it is our 3rd anniversary and so we cordially offer this invitation:

*Join us for cake and coffee  
during an  
Open House*

*at the  
Geneva Township Senior Center  
on*

*Tuesday, September 28 from 1:00—3:00,  
in celebration of our 3rd anniversary*

**September FREE Lunch**

Our FREE lunch in September will be catered by **The Little Owl**, on **Monday September 20 at 11:30**. The Little Owl will be serving one of their new favorites: 2 seasoned pork kebobs served on a bed of country mashed potatoes, accompanied by mixed veggies, bread and butter. We welcome all Geneva Township residents aged 55+ as well as members of the Center. Reservations can be made beginning September 1. We can accommodate the first 100 persons that sign up. We will continue with our practice of issuing a name tag for everyone on the reservation list.

**FREE Breakfast**

We are offering a delicious breakfast for the first 50 persons to sign up for this delicious breakfast. Members of the Senior Center and Geneva Township residents age 55+ are welcome to attend this event on **Friday, September 10 at 9:30**. The menu will include Denver Breakfast Bake, whole-grain biscuit bread, hash browns, banana and orange juice. Please make a reservation for breakfast by Friday, September 7.

*Labor Day Holiday*

*In observance of Labor Day, the Senior Center and Township offices will be closed on Monday, September 6, 2010.*

**To Reach the Director Call 1-630-232-3602**

## Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.

### A Simple Request...

We hope you enjoy the coffee and treats the Township provides for you each day. When you are through with your drink, please pour any excess liquid out in the sink before putting it in the garbage receptacles. We appreciate your help in this matter. Thank you.

### Bowling to Resume

The Friday bowlers are now ready to resume their twice-a-month bowling schedule. The group meets at **Bowling Green Sports Center**, 30W150 W. Roosevelt Road, West Chicago and bowls two games on the 2nd and 4th Friday of the month. The cost is \$1.05 a lane and \$1.00 for shoe rental. Join the bowlers at 1:00 on October 10 and 24. Bowlers of all ability levels are welcome.

### Senior Investment Club

**The Wheeler Senior Investment Club (WSIC)** holds meetings at the Center on the first Monday of the month. However, the next meeting will be on **Monday, September 13 from 10:00 – 12:00**. WSIC is not a Geneva Township sponsored or promoted activity.

## LLI Classes to Start Soon

Check out the wonderful and diverse class offerings from **The Lifelong Learning Institute, (LLI) of Waubensee Community College**. LLI catalogs and applications are available at the Center for you to fill out. The following classes are being offered at the Center starting in September:

**ALZHEIMER'S - WHAT YOU AREN'T BEING TOLD- ABOUT TODAY'S MOST DREADED DIAGNOSIS**. This class meets on Wednesdays starting **September 22 and running through October 27**. (6-weeks) from 9:30 a.m. to 12 p.m. Facilitated by **Carl Hayes**.

**DRAWING AND PAINTING WORKSHOP** - Meets on Thursdays starting **September 30 through December 16** (10 weeks) - (No class November 11 and 25), from 9:00 a.m. to 12 p.m. Facilitated by **Ina Wentzel**.

**MASTERPIECES OF ART FROM AROUND THE WORLD** - Meeting on Tuesdays, **November 9 through December 14**, (6 weeks) from 1 p.m. to 3 p.m. Facilitated by **Pauline Berberian**.

Dues to join **LLI** are \$25.00 per year and each class cost \$5.00. Applications are available at the Center. **LLI** offers classes throughout Kane County. You are encouraged to register early for these classes. They are very popular and will fill up very fast!

### “Hats Off to You” from Chicago’s Art Institute

The **Art Insights** program is returning to the Center for a presentation called “Hats Off to You” on **Thursday, September 16 at 1:00**. “Hats Off to You” takes a light-hearted look at over five hundred years of millinery history as portrayed by artists in works from the collection of the Art Institute in Chicago. Caps, berets, bonnets, chapeau, helmets, visors and sombreros portray the life and time of the wearer. You will look at hats through the eyes of African tribal artists, French Impressionists, American and European Portraitists and Modernists of every type. Men and women of all ages and classes wear hats for work, protection from inclement weather and simply for fun. **Jody Rullman, Judy Hunnicutt and Anne Gorham** will be presenting this Art Insights program.

## Free 2-DAY Flu Shot Clinic in October

Geneva Township is once again sponsoring a free flu shot clinic. To best serve the residents of the township, the clinic will be offered on two different days: **Saturday, October 9 and Monday, October 11 from 9:00 to 12:00 noon**. Nurses from the **Visiting Nurses Association of Fox Valley** will administer the shots. Seniors signed up for Medicare Part B will have the cost of their flu shots covered by Medicare. Please bring your Medicare card. Geneva Township will pay the cost of the flu shot for any Geneva Township resident age 55+ not covered by Medicare Part B. For all others the cost of the flu shot is \$25.00 and the cost of the pneumonia shot is \$35.00. For the 3<sup>rd</sup> year the DPT (diphtheria, tetanus, and pertussis) shot will also be offered. The cost of the DPT shot is \$45.00. A doctor's prescription will be required for any shot other than the flu shot. Any payment must be by cash or check only. Seniors who need transportation to the Senior Center should contact Sheri prior to October 4<sup>th</sup>. As always, free refreshments will be served. If you have any questions, please contact the Senior Center at 630-232-3602.

**To Reach the Director Call 1-630-232-3602**

## Senior Day at the Geneva History Center



Patrons of the Geneva Township Senior Center are cordially invited to Senior Day at the **Geneva History Center on Thursday, September 23 from 1-3 p.m.** This event is being held in honor of **National Senior Center Month**. Visitors will enjoy fellowship and refreshments as they take a trip back in time. Highlights include viewing exquisite models of lost Geneva buildings by long-time Geneva resident and Center member **Dick Jaeger**, as well as meeting the artist. The History center will also be conducting brief tours of their new exhibition, *Beyond the Score: Moments in Geneva Sports History*, and *Greetings from Geneva*, their award winning exhibition about how Geneva has grown and changed through the years. Both exhibitions feature rare artifacts, engaging images and fascinating stories from Geneva's past. This promises to be an exciting day full of stories and new discoveries.

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### Friday Tai Chi Class

Tai Chi is a very popular class at the Center, focusing on balance, relaxation and strength. Held on the porch, this 45 minute gentle, focused class is led by **Monika** from Delnor Community Hospital. Participants slowly move and stretch, encouraging a calming effect and improving balance. Tai Chi is held at 10:00 on Fridays. You may also drop in on any of our Senior Vitality exercise classes, held on Mondays at 10:00 and Thursdays at 10:30.

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“Tai Chi is a prescribed activity and an entrance to the fitness and general ambiance of the senior group. Maturity requires balance and Tai Chi is the pathway.”



**Fred McCahey**, advocate of the Center's Tai Chi program.

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### B-I-N-G-O with P-R-I-Z-E-S

Our monthly bingo games will be held on **Wednesday, September 15** beginning at 12:30. There is no charge for bingo and prizes are given away courtesy of Golden Diners. If you would like to enjoy a deli lunch before bingo, please sign up at least 2 days in advance. A donation of \$3.75 is suggested but not required for the lunch. Lunch is served by the Golden Diners every Tuesday, Wednesday and Thursday at 11:30. Check out the menu on the flip side of the calendar

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### September Book Club

The book selection for the month of September is **One True Thing** by Anna Quinlan. The book discussion is held on the 4th Monday of the month. Join the discussion on **Monday, September 27 at 10:30.**

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### Daily Drop-In Activities

The following activities are available whenever the Center is open, Monday through Friday, 8:30-4:30. It's all free; no need to sign up!

- **Billiards:** 8-ball and 9-ball, on the porch when the porch is not scheduled for other activities. The players tend to be there Tuesday and Wednesday mornings. Also, you can always practice alone.
- **Bocce Ball:** The court is outdoors, along the Southeast side of the building.
- **Refreshments**, free anytime: hot coffee, sweet rolls, granola bars.
- **Magazines:** the latest are in the lounge area.
- **Newspapers:** Daily Herald, Chronicle, Tribune, Wall Street Journal. New every day.
- **Jigsaw Puzzles:** One is always underway and anyone can help tackle it.
- **Games:** Bridge, pinochle, poker, cribbage, train dominoes, chess – plus Mah Jongg and other board games.
- **Walking Wheeler Park:** Paved paths take you throughout the park.
- **Sony Wii:** bowling, golf, race cars and boxing.
- **55" Big Screen TV:** When the TV room is not otherwise in use, you can watch our movies or bring in one of your own.

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### Geneva Friendly Seniors and B/P Check

**Marilynn Helms, RN** from **Covenant Care**, will be at the Center on **Wednesday, September 22** to check your blood pressure. Stop in after 11:00 and have Marilyn check you out. That same day, **Geneva Friendly Seniors** will hold it's social meeting; playing bingo and cards following lunch. Come on the 22nd for one, some or all of the activities!



**Senior Center**

**400 Wheeler Drive  
Geneva, IL 60134**

PRSR STD  
U. S. POSTAGE  
**PAID**  
Geneva, IL  
Permit No. 696

**Returned Service  
Requested**

**Save a Stamp  
Save a Tree**

Sign up to receive your newsletter, calendar and menu electronically. Just e-mail a request to Sheri at [smcmurray@genevatownship.com](mailto:smcmurray@genevatownship.com)

**September 2010**

**Friday at the Movies**

Friday afternoons at 1:00 enjoy movie matinees at the Center on the Big Screen television. We will continue to show current releases and hope that you enjoy them. Popcorn and drinks will be served. Sit in our comfy chairs and lose yourself in an afternoon matinee.

Friday- September 3 - **The Curious Case of Benjamin Button**

Friday- September 10 - **My Sister's Keeper**

Friday- September 17 - **Coco before Chanel**

Friday- September 24 - **Gran Torino**

**DON'T FORGET OUR FREE SERVICES**

Services are free of charge to Geneva Township residents age 55+, except as indicated!

- **RTA Senior Citizen Fare I.D. Photos & Cards. (Age 65 + only). One stop. (\$5.00 charge for non-residents)**
- **Personal Document Shredding**
- **File of Life**
- **Notary Service (No Cook County real estate docs.)**
- **Well-Being Check**
- **Senior Services Associates, Inc. Caseworker (every Wednesday)**
- **Central Kane County TRIAD**
- **Hearing Screening (2nd Monday each month)**
- **Computer class (every Tuesday morning)**
- **Free Monthly Lunch and Daily Refreshments**
- **Free Flu Shot Clinic**



If you have any questions about these free services - or if you would like the Township to add a service to this list, give us a call at 630-232-3602.