

May

2010



Senior Center Newsletter



Geneva Township Senior Center

400 Wheeler Drive  
Geneva, IL 60134

630-232-3602  
Monday - Friday  
Hours 8:30 - 4:30

Geneva Township Officials  
J. Patrick Jaeger, Supervisor  
Sharon Brazill, Trustee  
John Connolly, Trustee  
Robert Kovacs, Trustee  
Richard Sharp, Trustee

Gayle Kennedy  
Senior Center Director



Come join us on May 31

Important Dates

|                          |      |
|--------------------------|------|
| Drawing Workshop         | 5/6  |
| Mother's Day Tea         | 5/7  |
| May Free Lunch           | 5/17 |
| Learn Mah Jongg          | 5/27 |
| Memorial Day Celebration | 5/31 |



Commemorating Memorial Day

Geneva Township will continue its tradition of observing Memorial Day, Monday, May 31, by placing ceremonial 3' X 5' American flags at each grave in Geneva Township of those killed in defense of our country. If you are able, please visit West Side and Oak Hill Cemeteries in Geneva on Memorial Day to view this moving tribute which includes the final resting places of those

servicemen killed in the Civil War, Spanish American War, World War I, World War II, the Korean War and the Viet Nam War.

To honor those Geneva Township citizens killed in wartime and whose graves lie somewhere beyond our township, we will once again erect a 23-flag tribute. The tribute will occur on Memorial Day on the plaza immediately in front and west of the Senior Center. At approximately 6:30 a.m. the Fox River-Geneva American Legion Post 75 Color Guard will perform a 21-gun rifle salute followed by the bugle call Taps. The Senior Center will be open from 6:30 a.m. until 8:00 a.m. on Memorial Day for Township residents who wish to observe this moving tribute. Complimentary coffee and pastries will be available before and after the

May Free Lunch - Monday, May 17

Our May FREE LUNCH will be held on Monday, May 17 at 11:30. All Geneva Township residents age 55+ and all members of the Center may call for a reservation. Our lunch will be catered by **Egg Harbor Cafe** and will include their famous chicken salad croissant, fresh fruit and side salad with poppy seed dressing. Reservations will be accepted starting May 1 at 9:00a.m. We are able to accommodate the first 120 requests. Please call early.

*In observance of Memorial Day, the Senior Center will be open on Monday, May 31, from 6:30 a.m. to 8:00 a.m. and will be closed thereafter for the rest of the day.*

To Reach Director Gayle Kennedy call 1-630-232-3602

### Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.



### Bocce Ball Court

We have the bocce balls and court and are looking for players! If there is a time that would be convenient for you to play, let Gayle know and we will establish a weekly day and time to drop in and play bocce. Let the fun begin!

### Blood Pressure Screenings

Keep up on your blood pressure numbers. Monthly blood pressure screenings are available at the Center every fourth Wednesday at 11:00. No appointment is necessary.

### Swedish Days—Geneva Settler's Coffee Hour

Mill Race Inn, 4 E. State St., will host a long standing Swedish Days tradition, the **Geneva Settler's Coffee Hour** sponsored by GreenFields of Geneva on Thursday, June 24 from 8:30 – 10:30 a.m. It's always a favorite time to meet old friends and maybe make some new ones. All residents who have lived in the city of Geneva 15 years or more are invited to attend. If you have just reached that "15 year" milestone or attended in the past, join in this wonderful tradition.

### A Special Mother's Day Tea

Our Mother's Day Tea will be held on Friday, May 7 at 2:00 and will honor all the women of Geneva Township age 55+ and members of the Center that are mothers or have a mother! Please plan to attend. Before or after the tea let us pamper you and your feet with a foot spa. A group from **Home Bound Healthcare, Inc.** has offered to provide a free foot spa clinic to those interested. Each treatment will consist of a 5 minute foot soak, a massage of your feet and lower legs and a choice of nail polish applied to your toes. Your nails will be filed (but will not be cut). Each treatment will take approximately 15 to 20 minutes and you must make an appointment for the foot spa clinic. We look forward to sharing tea, desserts and some pampering with the women of the Center and Geneva Township to help you "put your best foot forward." Please let us know if you plan to attend.

### Lunch/Bingo/Prizes

Our popular monthly lunch and bingo with prizes will take place on Wednesday, May 12. You are welcome to come and enjoy bingo at 12:30. If you would like to come for lunch, please sign up for the meal which will begin at 11:30. The Deli menu will be; summer medley chicken, whole grain biscuit bread, California vegetable blend, salad bar, dessert and beverage. A donation of \$3.75 is suggested but not required. Please sign up at least 2 days in advance.

### Learn to Play Mah Jongg

Mah Jongg is an Americanized Chinese tile game that is very popular at the Center. Similar to a card game, Mah Jongg is played with tiles that depict oriental themes. **Ina Wentzel** has been playing for over 50 years and will be teaching a beginners class on Monday, May 27 from 9:30 – 3:30 at the Center. Once you have learned how, you are welcomed each Thursday at 1:00 to play Mah Jongg on the porch at the Center so you can continue practicing what you have learned. Please bring a bag lunch. No previous experience is necessary. You may register by calling 630-232-3602. There is a 12 person limit.

To Reach Director Gayle Kennedy call 1-630-232-3602

## Art in the Park – May 14

Perhaps you have noticed the artists at work on Monday afternoons or have seen some of their fabulous work on display. Now you have an opportunity to view a wide selection of their work on Friday, May 14 at their first showing. Join them on the porch from 1:00 until 3:00 and meet the artists in person, enjoy refreshments in the springtime beauty of our park setting. Although no originals will be sold, there will be some greeting cards for sale with the proceeds benefiting the art programs at the Center. Our eclectic group of artists will amaze you with their creativity and talent.



“Sometimes you want to go where everybody knows your name, and they are always glad you came.” Coming to the Geneva Township Senior Center is like that for me. Gayle and all the members are so welcoming. It’s great fun!”  
--Candy Briestansky

### Drawing Workshop

Ina Wentzel will be offering a drawing workshop on three Thursdays in May. The workshop will focus on basic shapes, beginning perspective and shading. This class is for beginners. However, if you have been in one of Ina’s classes before, you may take this class as a refresher. Beginning on May 6, the class will be held from 10:00 until 12:00, continuing on May 13 and May 20. There is a limit of 12 participants. Once registered, you will be given the required supply list. Please call Gayle to register.



### Military Ball Themed Luncheon

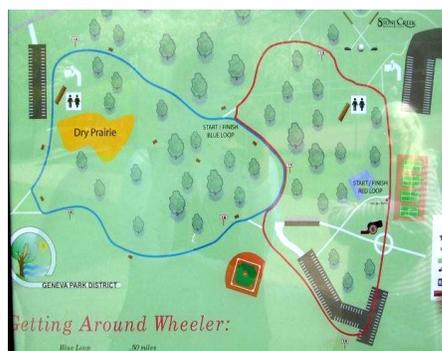
All seniors 60 and over are invited to attend a Military Ball themed Luncheon on Thursday, May 27 at 11:30. The luncheon will be held at the American Legion Hall, 22 S. Second Street, Geneva. The menu will consist of chicken cordon bleu, wild rice, Malibu blend vegetables, roll and dessert. A suggested donation of \$3.75 is requested but not required. For questions or to make a reservation, please call Nikki or Candy at 630-232-6676.

### Daily Drop-In Activities

The following activities are available whenever the Center is open, Monday through Friday, 8:30-4:30. It’s all free; no need to sign up!

- Pool table: 8-ball and 9-ball, on the porch when the porch is not otherwise scheduled for activities. The players tend to be there Wednesday and Friday mornings. You can always practice alone.
- Bocce Ball: The court is outdoors, along the east side of the building.
- Hot coffee, sweet rolls, granola bars – free anytime.
- Magazines: the latest in the lounge area.
- Newspapers: The Daily Herald, Chronicle, Tribune, WSJ. New every day.
- Jigsaw Puzzle: One is always in progress and anyone can help tackle it.
- Bridge, pinochle, poker, cribbage, train dominoes, chess – plus Mah Jongg and other board games.
- Walking Wheeler Park: Paved paths take you from one end to the other.
- Sony Wii: bowl, golf, race cars and boxing
- 55” Big Screen TV. When the TV room is not otherwise in use, you can watch our movies or bring in one of your own.

### Getting around Wheeler Park



Located by the tennis courts is a map of 2 half mile trails through Wheeler Park. Stop in the Center after your stroll for refreshments.

To Reach Director Gayle Kennedy call 1-630-232-3602



**GENEVA DELI**  
1-630-232-3602

**SUGGESTED DONATION OF \$3.75 PER SALAD BAR, BREAD & MILK SERVED EACH DAY**

**NEED TO MAKE RESEVATIONS TWO DAYS IN ADVANCE**  
**MENU SUBJECT TO CHANGE**

May 2010

| TUESDAY  | WEDNESDAY  | THURSDAY  |
|--|--|---|
| <p>4</p> <p><b>Ham &amp; Navy Bean Soup</b><br/><b>Sandwich on Multi- Grain Bread:</b><br/><b>Italian Beef &amp; Swiss American</b><br/><b>Chicken Salad Sandwich</b><br/><b>OR Salad:</b><br/><b>Bow Tie Pasta &amp; Garden Salad</b></p> | <p>5</p> <p><b>Ham &amp; Navy Bean Stew</b><br/><b>Broccoli</b><br/><b>Cornbread</b></p> <p><b>No soup</b></p>    | <p>6</p> <p><b>Tomato &amp; Tortellini Soup</b><br/><b>Sandwich on Sliced Wheat Bun:</b><br/><b>Chicago Style Hot Dog</b><br/><b>Shaved Ham &amp; Provolone</b><br/><b>OR Salad:</b><br/><b>Grilled Chicken on Fresh Spinach Greens</b></p>   |
| <p>11</p> <p><b>Chicken &amp; Wild Rice Soup</b><br/><b>Sandwich on Sliced Bun:</b><br/><b>Pulled Pork Sandwich</b><br/><b>Shaved Ham &amp; Cheddar</b><br/><b>OR Salad:</b><br/><b>Tuna Salad (chef garnish &amp; boiled egg)</b></p>     | <p>12</p> <p><b>Summer Medley Chicken</b><br/><b>Whole Grain Biscuit Bread</b><br/><b>Calif. Blend Vegetables</b><br/><b>Cole Slaw</b><br/><b>Soup</b></p>  <p><b>Bingo</b></p> | <p>13</p> <p><b>Vegetarian Gumbo Soup</b><br/><b>Sandwich on Focaccia Bread:</b><br/><b>Potato Crusted Fish Filet</b><br/><b>Ham &amp; Turkey Club</b><br/><b>OR Salad:</b><br/><b>Chicken Pasta Salad w/ Shell Rigate</b></p>  |
| <p>18</p> <p><b>Minestrone Soup</b><br/><b>Sandwich on Sliced Wheat Bun:</b><br/><b>Philly Beef/ Roll</b><br/><b>Egg Salad Sandwich</b><br/><b>OR Salad:</b><br/><b>Chicken Caesar Salad</b></p>   | <p>19</p> <p><b>Savory Ground Pork &amp; Wheat</b><br/><b>Noodle Casserole</b><br/><b>Carrots</b><br/><b>Parslied Cauliflower</b><br/><br/><b>Soup</b></p>                     | <p>20</p> <p><b>Potato &amp; Cheddar Soup</b><br/><b>Sandwich on Marble Rye Bread:</b><br/><b>Hot Meatloaf Sandwich</b><br/><b>Corn Beef &amp; Swiss</b><br/><b>OR Salad:</b><br/><b>Chef (ham, turkey, cheese)</b></p>   |
| <p>25</p> <p><b>Garden Vegetable Soup</b><br/><b>Sandwich on Brat Bun:</b><br/><b>Sheboygan Bratwurst</b><br/><b>Shaved Turkey/ Cream Cheese</b><br/><b>Cranberry</b><br/><b>OR Salad:</b><br/><b>BLT Chicken Salad</b></p>                | <p>26</p> <p><b>BLT Chicken Salad</b><br/><b>Mixed Salad Greens w/ Tomato</b><br/><b>Wedges</b><br/><b>Ry Krisp Crackers</b><br/><b>Soup</b><br/><b>NO SALAD BAR</b></p>       | <p><b>MILITARY LUNCHEON</b> 27</p> <p><b>Chicken Cordon Bleu</b><br/><b>Wild Rice, Malibu Blend Veggies</b><br/><b>Dinner Roll and Dessert</b><br/><b>LOCATION:</b><br/><b>American Legion</b><br/><b>22 S. Second St. Geneva</b></p>  |





## Senior Center

400 Wheeler Drive  
Geneva, IL 60134

Save a Stamp  
Sign up to receive  
your newsletter,  
calendar and menu  
electronically. Just  
e-mail a request to  
Gayle Kennedy at:  
[gkennedy@geneva-township.com](mailto:gkennedy@geneva-township.com)

May 2010

### Friday at the Movies

On Friday afternoons at 1:00, movie matinees will be shown on Big Screen television. Check out the following classic movies. Popcorn will be served!

Friday, May 7 – Lawrence of Arabia

Friday, May 14 – The Sound of Music

Friday, May 21 – The Fiddler on the Roof

Friday, May 28 – Ben Hur

### Book Club Selection

The book club will be reading **The Plot Against America** by Phillip Roth, during the month of May. The book discussion will be held on Monday, May 24 at 10:30. **The Plot Against America** revolves around the premise of Charles Lindbergh running for President in 1940 against FDR, promising to keep America out of war. The story is told through the eyes of a young Jewish boy. The Christian Science Monitor called it a “must read”

### DON'T FORGET OUR FREE SERVICES

Services are free of charge to Geneva Township residents age 55+!

- Free blood pressure check on the 4th Wednesday of each month at 11:00
- RTA Senior Citizen Fare I.D. Photos & Cards. One stop. (*\$5.00 charge for non-residents*)
- Personal Document Shredding
- File of Life
- Notary Service (No Cook County real estate docs.)
- Well-Being Check
- Senior Services Associates, Inc. Caseworker (every Wednesday)
- Central Kane County TRIAD
- Hearing Screening (2nd Monday each month)
- Computer class (every Tuesday morning)
- Free Monthly Lunch and Daily Refreshments
- Free Flu Shot Clinic
- If you have any questions about these free services - or if you would like the Township to add a service to this list, give us a call at 630-232-3602.