



**Geneva Township
Senior Center**

400 Wheeler Drive
Geneva, IL 60134

Gayle Kennedy, Director

Geneva Township Officials

J. Patrick Jaeger, Supervisor

Sharon Brazill, Trustee

John Connolly, Trustee

Robert Kovacs, Trustee

Richard Sharp, Trustee



Mexican Train Dominoes

Important February Dates

Super Bowl Party	2/7
Income Tax Preparation	2/9
Murder Theme Luncheon	2/11
February Free Lunch	2/22



Every Friday @ 1:00

February

2010



Senior Center Newsletter

**Murder Mystery Theme Lunch
*Twists, Secrets and Scandals!***

The Golden Diners are providing a special event on Thursday, February 11 at 11:30 at the Center. Chicken breast parmesan and penne pasta marinara are the main course for this **Murder Mystery** lunch. The murder mystery is a game where each participant plays a role while attempting to solve the murder. If you are not in the mood for “murder,” bingo and other games are available. There is a suggested lunch donation of \$3.75. Please make your reservation by February 5.

Free February Valentine’s Luncheon

Our February Free Lunch will be catered by **Villa Verone**, and is open to all Geneva Township residents age 55+ and all members of the Center. In celebration of Valentine’s Day, our lunch will be held on Monday, February 22 at 11:30. We will be serving caprese appetizer, farfalla al sole pasta, cheese ravioli, house salad, vesuvio roasted potatoes, chicken parmigiana and mini cannolis. We are able to accommodate only the first 120 members who sign up; please call early for your reservation.

Following the Free Lunch....KARAOKE

Do you like to sing? Here is your opportunity to have some fun and sing along to favorite songs. We will have a karaoke machine set up and ready for you to use following the free lunch. The porch will be transformed into “Geneva Township Senior Center Idol”! You get a chance to sing your favorite song or just listen to others. No talent required!

Super Bowl

New Orleans vs. Indianapolis Party

On Sunday, February 7, our first **Super Bowl Party** is being held at the Geneva Township Senior Center to celebrate Super Bowl XLIV (44). We will open at 5:00 with game kick-off at 5:28. Pop and snacks will be served and you are welcome to bring your own appetizers or refreshments to share. Watch the football action from Miami and the creative commercials on our big screen. Enjoy cheering on your favorite team with friends! Please let us know if you are coming so we can plan appropriately.

Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.

2009: A Year of Big Tax Changes

Many of the changes in the 2009 tax laws benefit taxpayers. Come to an informative session on Wednesday, February 10 at 1:00. Learn about sale of home exclusions, how to waive a required distribution from a traditional IRA, available deductions for buying a new car, furnace or windows, how to account for your Economic Recovery payment and more. Whether you do your own taxes or have someone do them for you, you'll become aware of the new tax laws. Bring your questions for **Bud Bremmer** and **Jim McSpadden**. Let us know in advance if you will be attending.

Fashion Show in March

Save the date! Mark Wednesday, March 17 on your calendar and plan to attend the Geneva Township **Leprechaun Luncheon and Fashion Show**. You will recognize the fashion models from the Center's membership! It isn't too late to get involved; call if you are interested in volunteering for this special event.

Free Income Tax Preparation

Free confidential income tax preparation will be provided to low and middle income Geneva Township taxpayers, age 60 and over. This service is being provided by tax-aide volunteers from the American Association of Retired Persons (AARP) in conjunction with Geneva Township. Every Tuesday and Thursday from February 9 through April 13, the tax-aide volunteers will be available from 11:30 to 4:00 for 1½ hour appointments at the Senior Center. Appointments are required and can be made by calling the Center.

Please bring the following information to your appointment:

*This year's new State and Federal tax forms and preparation booklets, including State 1099-G form on State tax refund.

*A copy of completed 2008 State and Federal income tax returns

*All real estate property tax bills paid in 2009 (your county parcel number is required)

*Records to support any estimated tax paid for 2009

*Documentation to support all income

*Documentation to support deductions, if itemizing

*Proper identification and social security number for any dependant(s)

Friendly, professionally qualified personnel will perform this confidential service. At the conclusion of tax preparation, the AARP tax preparer will return all the information and documentation along with the completed 2009 tax return to the taxpayer.

Senior Services Associates Available

For the 11 weeks that the **AARP** tax-aide volunteers will be at the Center, **Betty Erickson** our representative from **Senior Services Associates**, will be working Tuesday and Thursday afternoons to serve you. Betty will be available for 30-minute appointments to help you apply for Circuit Breaker or Illinois Cares. To qualify, a one-person household must have an annual income below \$27,610.00 and a two person household an annual income below \$36,635.00. For more information and to make an appointment, please call Betty at 630-897-4035.

Blood Pressure Screenings

The Center is providing blood pressure checks on the fourth Wednesday of every month at 11:00. You are welcome to stop in and have **Marilynn Helms**, an RN with **ConvenantCare at Home**, monitor your blood pressure. No appointments are necessary and it takes only a few minutes. The **Geneva Friendly Seniors** meet at the Center on the same day, making it a good time to stop in and stay for lunch or coffee, if you wish. For lunch, a two day advance sign-up is required and a donation of \$3.75 is requested .

Wine School



Are you looking for great tasting yet affordable wines? Does wine terminology confuse you? Would you like to learn more about selecting and pairing wine with food? Join us for **Wine School - A Tasting of Affordable Wines**, with **Bob Kovacs**. Bob is highly qualified wine aficionado. He was the founder and owner of the Wine Cellar in Geneva for 26 years and is presently a trustee on the Geneva Township Board. Many of you will recognize Bob from his involvement around Geneva and also as a volunteer at our monthly free lunches. Participants will taste ten different great yet affordable wines, including red, rose, white and sparkling. The cost for this class is \$10.00 per participant. The class is Friday, February 12 from 3:00 – 4:30 and requires advance registration. There is a limit on the number we can accommodate.



“I like coming to the Senior Center because I enjoy playing pool with Darrel and the other fellows.”
...**Don Sanborn**

Pocket Billiards

Our pool table is open for play most hours that the Center is open; both guys and girls may drop in at their leisure to play. On Wednesdays and Fridays at 10:30 join some of our regular players in a game of pool.

Should We Expand Chick Chat?

The Center is considering starting a **Red Hat Society**. The purpose of a Red Hat Society is to “enjoy life to the fullest, no matter where or what you are doing”, - a wonderful and admirable goal. This network of women participates in a variety of activities. On February 18 from 2:00 – 4:00, you are invited to the **St. Charles Adult Activity Center** to have tea and treats with *their* Red Hat Society. At that time we can ask questions and assess our level of interest in forming our own society. If you are curious about being a member of a Red Hat Society, let us know if you are interested and we can either meet at St. Charles Pottawatomie Park or we can car pool.

Investment Club

The Wheeler Senior Investment Club, (WSIC) has scheduled the first Monday of the month at 10:00 as the new day and time for their monthly meetings. WSIC welcomes visitors and does have a few open spots for new members. If you are interested in learning more about investing, check out this dynamic group of men and women on Monday, February 1, at 10:00. WSIC is not a Geneva Township sponsored or promoted activity.

Senior Vitality Exercises

It is very important to incorporate stretching and balance into your regular daily activities. We are now able to provide twice weekly **Senior Vitality** classes at the Center. **Deb Schaub** from **Delnor Hospital** is offering Stretch and Balance classes to increase range of motion, muscle strength and balance. Classes are Mondays at 10:00 and Thursdays at 10:30. The class continues to grow; stop in and try a class to see if you feel more energized!

Learn to Knit and Crochet

The knitting and crocheting group continues to meet on the first Tuesday of the month at 1:00. This group of talented women will provide one-on-one instruction to anyone interested. Learn the stitches needed for a vast array of projects, from dish cloths to scarves and afghans. At the March meeting, the knitting group plans to make chemo-caps to be given to those struggling with the effects of chemotherapy. If you learn to knit in February you would be able to attend the March meeting to help make a chemo-cap. Take advantage of this excellent opportunity to learn (or refresh) a rewarding hobby.

Lunch and Valentine's Bingo

On Wednesday, February 17 we will offer the popular bingo with prizes following the Golden Diners lunch. Please sign up for this event by February 12. There is a \$3.75 suggested donation for lunch, and you may play bingo for prizes for free!

<p>NEW Beginner Computer Classes A four-week class, Introduction to the Computer will begin on Wednesday mornings, 9:00 – 10:30, beginning February 10. This structured class will start with the basics: an overview of the computer, computer vocabulary and using the mouse. The goal of the class will be to get you comfortable with email and searching the web. Richard Schrank will be your instructor. You must register for this class. There is a 6-person maximum.</p>	<p>Additional Bowling This Month Bowling has become a favorite Friday activity. Because of its popularity, our bowlers have requested a second session of group bowling. On the 2nd and 4th Friday's, Township Bowlers will meet at the Bowling Green alley in West Chicago at 12:30 to bowl two games. Join this group for a fun afternoon of laughter and light exercise</p>	<p>February Book Club This month's book club selection is "March", by Geraldine Brooks. "March" is about the civil war and the paperback version has a discussion guide. The group will meet on February 22 at 10:30 for the book discussion.</p>
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GENEVA DELI
1-630-232-3602

SUGGESTED DONATION OF \$3.75 PER SALAD BAR, BREAD & MILK SERVED EACH DAY
February 2010

NEED TO MAKE RESEVATIONS TWO DAYS IN ADVANCE
MENU SUBJECT TO CHANGE

TUESDAY	WEDNESDAY	THURSDAY
<p style="text-align: right;">2</p> <p>Old Fashion Cabbage Soup <u>Sandwich on Bun:</u> Pulled Pork Sandwich Shaved Ham & Cheddar <u>OR Salad:</u> Tuna Salad (chef garnish, boiled egg)</p>	<p style="text-align: right;">3</p> <p>Soft Taco w/Pork & Tomatoes Soft Tortilla Lettuce Spanish Rice Carrots & Chives Soup</p>	<p style="text-align: right;">4</p> <p>Navy Bean & Ham Soup <u>Sandwich on Sliced Wheat Bun:</u> Chicago Style Hot Dog Turkey Gobbler w/Basil Pesto Sauce <u>OR Salad:</u> Chef (ham, turkey, cheese)</p>
<p style="text-align: right;">9</p> <p>Tomato Florentine <u>Sandwich on Sour Dough Bread:</u> Hot Turkey & Swiss Egg Salad Sandwich <u>OR Salad:</u> Chicken Caesar</p>	<p style="text-align: right;">10</p> <p>Spaghetti & Meatballs Italian Mixed Vegetables Country Wheat Baguette Soup</p>	<p style="text-align: right;">11</p> <p>Murder Mystery Lunch Event</p> <p></p> <p>Chicken Parmesan Penne Pasta Marinara California Veggie Blend Michele's Salad Bar Garlic Bread Red Velvet Cake</p>
<p style="text-align: right;">16</p> <p>Garden Vegetable Soup <u>Sandwich on Pumpernickel:</u> Chicago Style Hot Dog Shaved Turkey w/ Cream Cheese Cranberry Sauce <u>OR Salad:</u> BLT Chicken Salad</p>	<p style="text-align: right;">17</p> <p>Beef Stew With Carrots, potatoes, and Onions Peas Whole Grain Biscuit NO SOUP Valentine Bingo @ 12:30</p>	<p style="text-align: right;">18</p> <p>Soup Du Jour <u>Sandwich on Multi- Grain Bread:</u> Hot Roast Beef Classic Club w/ Turkey & Bacon <u>OR Salad:</u> Deviled Egg Salad Supreme</p>
<p style="text-align: right;">23</p> <p>Corn Chowder <u>Sandwich on Wheat Bun:</u> Sloppy Joes/ Bun Honey Turley & Muenster Cheese <u>OR Salad:</u> Asian Chicken</p>	<p style="text-align: right;">24</p> <p>Swedish Meatballs & Sauce Whole Wheat Pasta Corn Soup</p> <p>Geneva Friendly Seniors</p>	<p style="text-align: right;">25</p> <p>Turkey Vegetable <u>Sandwich on Sliced Bun:</u> BBQ Riblet Southwestern Ham Wrap <u>OR Salad:</u> Chicken Caesar</p>

Regarding Your Newsletter....

Your newsletter is sent via bulk mail and requires 5-7 days to reach your house after we drop it at the post office. There have been instances where the post office has delivered the newsletter almost two weeks after it was dropped. We apologize for late arrivals even though we do all we can to get it to you by the first of the month. If you have signed up to receive the newsletter by email, you will always receive it by the first of the month and in color! Consider going paperless. We can help you set up an email account if you have access to a computer.

Also, if you put a hold on your mail for any reason, the post office will return your newsletter to the Center as undeliverable and charge us for return postage. We then remove your name from our mailing list to avoid the ongoing charges. Please let us know if you put a hold on your mail so we can put a hold on your newsletter.

DON'T FORGET OUR FREE SERVICES

Services are free of charge to Geneva Township residents age 55+!

- RTA Senior Citizen Fare I.D. Photos & Cards. One stop. (*\$5.00 charge for non-residents*)
- Personal Document Shredding
- File of Life
- Notary Service (No Cook County real estate docs.)
- Well-Being Check
- Senior Services Associates, Inc. Caseworker (every Wednesday)
- Central Kane County TRIAD
- Hearing Screening (2nd Monday each month)
- Computer class (every Tuesday morning)
- Free Monthly Lunch and Daily Refreshments
- Free Flu Shot Clinic

If you have any questions about these free services - or if you would like the Township to add a service to this list, give us a call at 630-232-3602.

Come Join In Some of the Activities Bingo - Bridge - Pinochle - Train Dominos

