



Senior Center Newsletter



Geneva Township Senior Center
400 Wheeler Drive
Geneva, IL 60134

Gayle Kennedy, Director

Geneva Township Officials

- J. Patrick Jaeger, Supervisor
- Sharon Brazill, Trustee
- Denise LaCure, Trustee
- Dick Sharp, Trustee
- Mark Wissing, Trustee

Join our FREE Lunch on Monday, April 20

The Geneva Township Senior Center is having our monthly FREE lunch on Monday, April 20 at 11:30 for all Geneva Township residents aged 55+ and members of the Senior Center. The luncheon will again be catered by The Little Owl of Geneva. We are serving a quarter chicken, homemade potato chips, homemade coleslaw and dessert. Our free luncheons are popular. We are able to accommodate only the first 120 members who sign up. So make your reservation early by calling Gayle.

Card Bingo is held on Mondays at 1:00. Stay after the lunch and join in this fun version of bingo using ordinary playing cards.

The Wheeler Walkers are "Back in Step"

The weather is better and the Wheeler Walkers are again strolling Wheeler Park on Thursdays at 9:30. Join this enthusiastic group as they enjoy the park's scenery and fresh air. Meet at the Senior Center and walk at your own pace, culminating back at the Center for coffee and treats.



St. Pat's Day
And Everyone was Irish

March Special Interest

- April Free Lunch Page 1
- Walkers Are Back Page 1
- Tour Silvestri Sweets Page 2
- "Be Safe" Presentation Page 2
- Wednesday 8 Ball Page 3
- Your Life Story Page 3
- April Book Club Page 3
- Friday Matinee Page 4

Fourth Friday Pizza Party and Bowling

Geneva Township has a group of seniors who are enjoying the fourth Friday bowling experience! Each month new people join the group, (and the more the merrier)! Several bowlers recently bought their own bowling balls, so watch out! On April 24 at 1:00 the bowlers will meet at St. Charles Bowl for two lanes of bowling and shoe rental at \$5.25 per person. Sign up by calling Gayle.

We have organized the lunch bunch to meet before bowling. You can join the group for lunch or for bowling, or participate in both as most members do. In April our lunch will be a pizza party at the Senior Center. For \$3.00 you may have pizza, pop and dessert. Come to the Senior Center at 11:30 on April 24 and enjoy a fun afternoon. Let Gayle know if you plan to attend.

The Games of Wii (Pronounced "We")

All kinds of games: auto racing, baseball, billiards, bowling, boxing, darts, golf, shuffleboard, table hockey, tennis trivia. Try It!



Five Wii Golfers

Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.

Hours: Monday - Friday 8:30 to 4:30

Tour of Silvestri Sweets

Attention candy lovers: on Monday, April 13 at 1:00 we will tour **Silvestri Sweets** in Geneva. This tour will demonstrate how labor intensive it is to hand make and hand wrap candy. Each person will make their own caramel apple and get a treat bag to take home. We will take a bus from the Senior Center to Silvestri Sweets, leaving at 12:45 and returning at 2:30. Silvestri charges \$3.00 a person for this tour. Please make a reservation with Gayle.

Microsoft Word with Pat Brazill

Pat is our volunteer computer guru who works alongside Gayle in her office. On April 1, Pat will offer his first computer class for a small group of beginners. You will learn very basic computer operations such as how to open a word document, what to do with it, how to close it and where it goes. Classes run an hour on Wednesday mornings at 10:00. This class will fill up quickly so call to make your reservation.

Celebrate Earth Day and Receive an Orchid Plant

We will honor Earth Day with a presentation on orchids by Senior Center member **Mary Weiss**. Mary will speak on Wednesday, April 22 at 1:00. As an international orchid judge, Mary has much knowledge to share and will be providing a small orchid plant for each member who attends. Orchids are disappearing in the wild, and we will learn how to grow and care for them. Let us know ahead if you plan to attend in order to guarantee yourself a plant.

An Opportunity to Make a Difference

Do you want to make a difference in someone's life? We have an opportunity for you to help a special needs college age student with a special Mother's Day project. Our friends at Elgin Community College are asking for our assistance in making a craft project for them to give to their mothers as a gift. On Monday, April 27 at 9:00, ten students are coming to the Senior Center to make fabric covered glass plates. We would like to be able to provide 1 on 1 assistance for the students to complete this project. If you are interested in working with a student, making a friendship and enjoying your morning while completing a project, call Gayle and volunteer for this memorable experience.

Stretch and Balance Exercises

Senior Vitality offers two exercise classes at the Senior Center each week. Both classes focus on stretching and improving balance as well as increasing your endurance and flexibility. Each class has its own unique twist and is lead by an energetic, knowledgeable instructors are seated, low-impact exercises. Stop in, try a class and see for yourself if you feel better and more energized afterward. Classes are offered on Thursday at 10:30 and Friday at 9:30. You don't need to make a reservation, just stop in.

Must See "Be Safe" Presentation

Mark your calendars to attend this important presentation for seniors by **Cherie Aschenbrenner** of the Elgin Police Department and **Lt. Kevin Williams** from the Kane County Sheriff's Department. This program, developed by TRIAD, presents a powerful presentation which includes five video clips of actual financial exploitation scenarios. Many crimes and frauds involving financial exploitation or abuse start or end in a bank. Learn what financial exploitation is and what the signs of abuse are. Please make a reservation for Tuesday, April 14 at 1:00.



To Reach Director Gayle Kennedy call 1-630-232-3602

Spotlight on STAR volunteers...



Have you noticed? On Monday afternoons from 1:00-3:00 the Senior Center is full of laughter, thanks to **Larry and Darlene Zuwala**, our STAR volunteers for April. Larry and Darlene brought Card Bingo to the Senior Center, and this new way to play bingo has developed quite a following. New people are always welcome and you can count on having some laughs. Darlene and Larry have been married for 23 years and have 8 children, 24 grandkids and 2 great-grandchildren between them. One of Darlene's proudest moments was being an RN who started the clinic at the Holmstad. Larry says his proudest moment was marrying

Darlene. This couple brings laughter, jokes and camaraderie to Card Bingo. They volunteer because they like people, enjoy socializing and having fun. Thank you Larry and Darlene; we are grateful for all your efforts!

8-Ball Wednesdays at 10:30



The beautiful new pool table is available for play during our regular hours, 8:30 – 4:30. You may drop in anytime to practice your game or to play with friends. We have dedicated Wednesdays at 10:30 as a set time for people who are looking to play with others to meet at the Senior Center. If you'd like to stay for lunch, Golden Diners serves lunch at 11:30 at the Center for a donation of \$3.75. You need to call Gayle two days in advance for a lunch reservation.

Interested in Writing YOUR Life story?

Yes, your life has been interesting enough to write about, and yes someone will enjoy reading it someday! We are very fortunate to have **Roseanne Gulianno**, the author of *How To Write Life Stories*, present a basic workshop on how to get started writing your life story. Roseanne will share with you why it is important to tell your story, how to begin it and how to stay motivated. You will need to bring a notebook, pen and a good attitude to this session as you will do some writing. Who better to tell your own story than yourself? Call and sign up for this session on Tuesday, April 21 at 1:00.

The April Book Club Selection

The Boy in the Striped Pajamas by John Boyle, is our book club selection for April. This fable is set during the Holocaust and is a touching tale of two nine-year old boys on the opposite sides of a barbed wire fence. Book discussion will take place on Monday, April 27 at 10:30. Following the discussion, at 11:30, we will be showing the recently released movie by the same name. This will provide an opportunity to compare and contrast the book and the movie.

Learn How to Make Your Own Greeting Cards

Our April craft of the month on Wednesday April 15 at 1:00 will teach you how to make your own greeting cards. **Corrine White**, Senior Center member, will provide materials and instruction to complete three different greeting cards. Making your own cards allows you to express your creativity and personalize the greeting for the occasion. Samples of many artistic and unique cards are on display. The cost for materials for this class is \$2.00 per person and you will leave with three completed cards. Please sign up by calling Gayle.

And the Winner Is..,

A big thank you to all the members that participated in the baby picture contest by bringing in their baby picture. It was fun carefully looking at the clues in the baby picture to match up with the adult face. **Judy Olsen** is the winner of a \$20.00 gift certificate to The Little Owl Restaurant for correctly guessing 60% correct! We know you will enjoy your meal. Stay tuned for our next contest.



Senior Center

**400 Wheeler Drive
Geneva, IL 60134**

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Help Us Go Green

Help us save a stamp. Sign up with Gayle Kennedy at gkennedy@genevatownship.com to request receiving the newsletter, calendar and the menu at your e-mail address. Thank you for helping the Senior Center keep cost down so the we can continue to serve more seniors and save taxpayers money.

April 2009

In Living Color

To see our Senior Center newsletter in color, or to refer back to previous issues, go to www.genevatownship.com. Click on the Senior Center logo and select the newsletter of your choice. If you would like to receive the newsletter by e-mail, please e-mail Gayle and she will add your e-mail address to her mailing list. Gayle's e-mail address is: www.gkennedy@genevatownship.com.

\$4.00 Friday Matinee

The second Friday of the month, a group of members has been enjoying the Friday matinees at Classic Cinema at Charlestown Mall. Because the movie and the screening time aren't known at press time, they are chosen and posted on our bulletin board on the second Wednesday. All members meet in the theater lobby and enjoy the \$4.00 senior price for the matinee. The movie is always posted at the Senior Center as soon as it is determined or you may call Gayle the week of to find out the scheduled movie.

To Reach Director Gayle Kennedy call 1-630-232-3602

DON'T FORGET OUR FREE SERVICES

Services are free of charge to Geneva Township residents age 55+!

- **RTA Senior Citizen Fare I.D. Photos & Cards. One stop. (\$5.00 charge for non-residents)**
- **Personal Document Shredding**
- **File of Life**
- **Notary Service**
- **Well-Being Check**
- **Senior Services Associates, Inc. Caseworker (every Wednesday)**
- **Central Kane County TRIAD**
- **Blood Pressure Check (2nd Monday each month)**
- **Hearing Screening (2nd Monday each month)**
- **Computer class (every Tuesday morning)**
- **Free Monthly Lunch and Daily Free Refreshments**
- **Free Flu Shot Clinic**

If you have any questions about these free services—or if you would like the Township to add a service to this list, give us a call at 630-232-3602.