



**Geneva Township
Senior Center**
400 Wheeler Drive
Geneva, IL 60134

Geneva Township Officials

J. Patrick Jaeger, Supervisor
Sharon Brazill, Trustee
Denise LaCure, Trustee
Dick Sharp, Trustee
Mark Wissing, Trustee

Gayle Kennedy, Director



February Special Interest

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Friday Movie Matinee

The Friday movie matinee group will meet at the Charlestown Theater on February 13. The movie and times will be selected on Monday, February 9 at Pat's Chat and will be posted throughout the week. Please call to find out the movie selection and plan to join fellow members for a movie afternoon!

February

2009



Senior Center Newsletter

Everyone Talks About the Weather!



The weather is always a topic of conversation, especially with this year's brutal winter. **Duffy Atkins**, weeknight weather anchor for cable channel CLTV will be making a presentation in February at the Senior Center. On weekday evenings Duffy can be seen on television predicting cold fronts and snow. Duffy can be seen in person and will speak at the Geneva Township Senior Center on Monday, February 23 at 10:30. It promises to be an interesting and informative hour.

February Free Lunch

Following the presentation by Duffy Atkins, (see above) we are offering our monthly free lunch at 11:30 to all Geneva Township residents (aged 55+) and members of the Senior Center. The **Little Owl** will be catering our February luncheon. Please make a reservation for the presentation and/or the free lunch. Due to space limitations, lunch reservations are limited to only 120 people. Also, when you call for your reservation, please let us know if this is your birthday month. We want to celebrate with you!

Know Your Heart

February is our "Heart" month and we have planned several activities geared toward keeping your heart healthy and happy. Geneva Township is offering a Heart Risk Assessment screening with **Delnor-Community Hospital** on Tuesday, February 17 at the Senior Center. The Know Your Heart program is FREE and provides an opportunity to identify your risk factors for heart disease. The screening includes a finger stick with immediate results for cholesterol, HDL, LDL, glucose and triglycerides; blood pressure check; BMI (body mass index); lifestyle questionnaire and one-on-one counseling. You may schedule a 15 minute session with a health professional from 8:30 a.m. – 11:00 a.m. on Tuesday at the Senior Center. Appointments are required, please call Gayle. At 11:00 there will be a question and answer session covering ways to make your heart healthier through nutrition and exercise. We hope you are able to take advantage of this excellent opportunity.

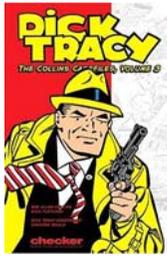
Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.

Hours: Monday - Friday 8:30 to 4:30

Jean Gould O'Connell RESCHEDULED !!!

Due to our scheduling snafu, we've asked **Jean Gould O'Connell** to reschedule her presentation for Wednesday, February 11, at 1:00. Jean is the daughter of Chester Gould, the creator of the Dick Tracy comic strip and the author of a book about her



father's life and career. Jean will be sharing stories and showing memorabilia. We apologize for any inconvenience caused by our previous mix-up and hope you can attend our rescheduled event.

Please make a reservation by calling Gayle.

LIKE TO PLAY POKER?

Do you like to play Texas Hold 'Em? Would you like to play poker with fellow members? Join us on Wednesdays at 1:00 starting on February 4. We provide the cards and poker chips, you bring your best poker face!

Bowling at St. Charles Bowl

On Friday, February 23 at 9:00 we will meet at the St. Charles Bowling alley for a 2nd bowling outing! Due to the success of our first outing, we have decided to bowl on a monthly basis. People that are interested can meet at the bowling alley, bowl 2 games, and then join the Fourth Friday Lunch Bunch at 11:30 (See next column). The cost is \$5.25 for 2 lanes of bowling and shoe rental. Let Gayle know if you are attending.

Pinochle Anyone?

There has been interest in starting a pinochle card group at the Senior Center. In February we are forming a pinochle group on Tuesdays at 1:00. Several people felt that they were rusty and wanted first to warm up with a few practice hands and a review. Whether you haven't played for a while or are an avid card shark, join us on Tuesday, February 3 and enjoy an afternoon of fun.

The Baby Picture Contest Begins....

We are looking for your adorable baby pictures for a new contest at the Senior Center! Please bring in a picture of you as a baby, (a scanned picture will be fine), labeled with your name on the back. We will take a current picture of you, and display both pictures, mixed up, with all the other pictures we receive. The challenge will be to match each baby picture to the correct person. Try to bring in your picture early in the month. Ballots allowing you to make your matches will be given out at the February 23 free lunch. There will be a very nice prize for the winner!

Fourth Friday Lunch Bunch

Do you enjoy trying different restaurants in the tri-city area? Would you like to share lunch with a few fellow members of the Senior Center? The Fourth Friday Lunch Bunch will meet for the first time at Colonial Restaurant, 1625 E. Main Street, St. Charles. We will gather at Colonial on February 27 at 11:30. Future restaurants will be discussed and chosen at that time. Each person will be responsible for their own check. Please let Gayle know if you plan on attending so we can make appropriate arrangements.

Computer Classes

Computer classes are held every Tuesday from 9:00 until 11:00. We welcome all to join our classes led by instructor **Ken Johnson**. The first hour is geared more toward the beginner and the second hour toward the intermediate user. On February 10 at 9:00 we will focus on very beginning computer skills such as turning on the computer and using the mouse. On February 24 we will focus on how to create and use an email account. Our computers are available for your personal use any other time, Monday through Friday, from 8:30 - 4:30.

To Reach Director Gayle Kennedy call 1-630-232-3602

Spotlight on star volunteers...Walt Spangler and Bob Kohlert



Bob and Walt, Walt and Bob, the names go together at the Senior Center! Both have been members of the Senior Center since its beginning. Friends for 15 years, these two are always available to help. They come to events early to set up, stay late to clean up, move tables and chairs and are willing to do whatever it takes. They walk five days a week, 1 – 2 hours a day, and most days drop by the Senior Center. Walt is originally from Philadelphia, and worked for Sears for 42 years. He is married with two children and one grandchild. He enjoys reading, fishing, gardening and going to Chicago to sightsee and explore. Walt likes to volunteer because he “appreciates the ability to come to the Center, so I can talk to and learn from people of different age groups, from 55 to 85.” Bob was born in Geneva and lived in St. Charles his entire life. He worked as a purchasing agent and salesman and now loves the outdoors, visiting forest preserves and sports. Bob has led a very active life and enjoys volunteering at the senior center because he “likes to help people, get out and make the center a nice place to come to”. We are so grateful they found the Senior Center and we appreciate all that they add.

Free Income Tax Preparation Each Appointment is Strictly Confidential

Free confidential tax preparation will be provided to Geneva Township Senior Citizen taxpayers, age 60+. This service is being provided by tax-aide volunteers from the **AARP** in conjunction with Geneva Township. Every Tuesday and Thursday from February 10 to April 14, the tax-aide volunteers will be available from 1:00 – 4:00 at the Senior Center. Appointments are required and can be made by calling Gayle. Please bring the following information to your appointment:

- Current year's State & Federal tax forms and preparation booklets, including State 1099-G Form.
- Copy of completed 2007 State and Federal income tax returns.
- All W2, 1098, 1099, SSA-1099, Broker statements, IRA statements & other reports received for 2008 income.
- Real Estate Property Tax bills paid in 2008.
- Records supporting Estimated Tax paid in 2008.
- Documentation to support deductions if itemizing.
- Proper identification and social security numbers for any dependants.

Once the tax forms are prepared, the AARP tax preparer will return all information and documentation along with the completed 2008 tax return to the taxpayer.

February Book Club on a New Day!

The House of Sand and Fog, by Andre Dubus III, is our February selection. This novel, described as a “literary thriller,” comes highly recommended. Due to a conflict with our presentation/free lunch this month, the book club discussion will occur on Tuesday, February 24 at 10:30. This novel has been made into a movie and we will be showing the movie following the discussion for anyone interested. The movie will begin about 11:30. Please join us!

Fishing Contest

Lots of our members like to fish. Therefore, we are holding the **2009 Fishing Contest**. Bring in the picture of your largest catch this year. We will post the pictures and declare a winner in November. Significant bragging rights are at stake!

Knitting / Crocheting Group

Persons interested in knitting and crocheting will begin meeting at the Senior Center on Tuesday, February 3 at 1:00 and the first Tuesday of every month thereafter. The group will meet to socialize, exchange patterns and knitting and crocheting ideas and support. **Marge Clark** has offered to teach the basics; how to cast on, knit and pearl. Beginner and experienced knitters are welcome.



Senior Center

**400 Wheeler Drive
Geneva, IL 60134**

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**Please
Observe**



February 2009

A Good Way to Stay Warm

In this brutally cold weather, remember it is always warm and welcoming at the Senior Center. We are open Monday - Friday, 8:30 - 4:30, with hot coffee and refreshments.

Exercise Classes are Going Strong!

Thursday at 10:30

Friday at 9:30

Please, Check Your Membership

We are always looking for new members for the Senior Center. If you are 55+ and live in Geneva Township you are eligible to become a member at no charge. The Senior Center is supported by taxes paid by Geneva Township residents. If you live outside of Geneva Township, membership costs are \$5.00 a month and can be paid in installments (\$30 for 6 months or \$60 for 12 months). We now have all our members listed in a data base, and can identify non-residents as well as expired memberships. To verify your status, please call the Senior Center.

DON'T FORGET OUR FREE SERVICES

Services are offered free of charge to Geneva Township residents age 55+!

- **RTA Senior Citizen Fare I.D. Photos & Cards. One stop. (\$5.00 charge for non-residents)**
- **Personal Document Shredding**
- **File of Life**
- **Notary Service**
- **Well-Being Check**
- **Senior Services Associates, Inc. Caseworker (every Wednesday)**
- **Central Kane County TRIAD**
- **Blood Pressure Check (2nd Monday each month)**
- **Hearing Screening (2nd Monday each month)**
- **Computer class (every Tuesday morning)**
- **Free Monthly Lunch and Daily Free Refreshments**
- **Free Flu Shot Clinic**

If you have any questions about these free services—or if you would like the Township to add a service to this list, give us a call at 630-232-3602.