



Geneva Township Senior Center Senior Compass

630-232-3602
Mon-Fri 8:30 am-4:30 pm
www.genevatownship.com

Volume 1 Issue 7
October 2007

October Programs You Won't Want to Miss!

Free Flu Shot Clinic, Oct. 8

Flu, Pneumonia, and DTP (Diphtheria, Tetanus, Pertussis) shots will be offered from 9-noon. A two vaccination maximum is allowed per person. Geneva Township seniors age 55 or older who do not have Medicare Part B will receive the flu shot free of charge, compliments of Geneva Township. VNA will bill Medicare Part B for the Flu and Pneumonia shots for anyone who presents their Medicare Part B card. For all others the costs are \$25 for Flu shot; \$35 for Pneumonia shot. DTP shots cost \$45 (cash only). A doctor's note is required if you have previously received pneumonia shots. No insurance or HMO's are accepted, a receipt will be given to submit. For a free ride call 232-3600 by Oct. 1.

Deli Luncheons

Deli dining is coming to our senior center! Beginning October 16 members can enjoy a light lunch from 11:30 to 1:00 each week on Tuesday, Wednesday and Thursday. The suggested donation is \$2.75 per meal. Reservations required—call by October 11 to sign up for the first week's meals.

The menu will be different each day and will include salad bar, your choice of a hot or cold sandwich, your choice of soups, bread, milk, coffee and dessert. Examples of hot sandwiches are Italian Beef, Grilled Chicken, Cheeseburger or Salisbury Steak. Cold sandwich examples are Egg Salad, Turkey and Cheese, Crabmeat or Ham Salad. Soups include Chili, Beef Noodle, Chicken and Rice, Broccoli Cheese.



AARP Driver Safety Program

Take this 2-day, 8-hour refresher course designed for drivers age 50+ given on Oct. 17 & 18 from 9am to 1pm. Learn how to drive defensively, deal with aggressive drivers, adjust to vision and hearing loss, and learn current rules of the road. A minimal fee of \$10 covers handout materials and course book. After completion, auto insurance discounts may be available. Space is limited to 25 people so call Sherri at 232-3602 today!

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Monday "Healthy Living" Activities

Blood Pressure Check

Free blood pressure checks will be administered the second Monday of each month from 9:30 to 10:30. Have your blood pressure checked by a registered nurse who can also answer simple medical questions. Receive a card to record your blood pressure each week. Special gifts are often available for participants

from the health care sponsor.

Hearing Screening

The second Monday of each month local auditory specialists will conduct hearing tests at the Senior Center and offer guidance for your hearing needs. Don't miss a word your friends and family have to say...every word is price-

less. This program is free and will be available from 9:30 to 10:30.

** Note Date Change **

Since the Flu Shot Clinic is scheduled for the second Monday in October the blood pressure and hearing screenings will be moved to the first Monday on October 1 from 9:30-10:30 (applies to Oct. only). Mark your calendar!

Geneva Township

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Trustees:

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Denise LaCure

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Mark Wissing

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Geneva Township Senior Center

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Live Life to the Fullest



Hours:

Mon-Fri 8:30-4:30

Mission Statement:

The mission of the Geneva Township Senior Center is to act as the primary community resource to serve all citizens of Geneva Township by decreasing the sense of isolation and dependence that often accompanies old age; enriching the social and intellectual life of our older adults; helping our older adults meet the practical problems attendant with aging; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; and organizing community interest in improving the overall climate of living for our older residents.



It's Party Time!

Membership Information forms have been streaming into the Senior Center. The response has been outstanding! Here are some events so you can get to know other members and your Senior Center.

Monthly Birthday Bash—Celebrate your birthday with us on the first Friday of each month from 2-3 pm. If your birthday falls within that month, celebrate with other birthday celebrants. Bring your family and friends to the party! Cake and ice cream is served.

New Member Get-Together—The last Friday of each month we host a New Member Get-Together from 10-11 am with coffee and snacks. This is your chance to welcome and meet our newest members. An overview of our programs and activities will explain the myriad of opportunities available at the Senior Center. Please stop in during our Get-Together and greet the newcomers.

Games, Classes and More...

Watercolor Class

Geneva artist David Reichert will teach Watercolor Classes on the second Thursday of each month from 10-11 am. Registration is not necessary; the class is free—just stop in and try your hand at watercolor.

Computers and Classes

Volunteer Ken Johnson will teach beginner computer lab on Tuesdays from 9-11 am. Learn how to send emails, search the internet and learn basic computer skills. No registration or fees required—just stop in!

Maybe you just have a single computer question that you would like answered.

Stop by while Ken is here and he can help with your question. You are welcome to attend as many computer classes as you wish.

Remember, there are three computer stations available for your use during Senior Center hours. You are always welcome to search the internet, email your friends and family or use the software to type and print letters or create something unique.

Bridge Games

If you are looking for a group to play bridge with, we have the place for you! Bridge games are offered Mondays from 1:30-4 pm. Even if you do not have enough people to play a round of bridge, players may be found to fill

out your table. Simply call Sherri Weilt by 3 pm on the previous Friday at 232-3602 to reserve your spot and we will attempt to find enough players for your game. Volunteer Lois Hoyer will schedule the games.

B-I-N-G-O!

Bingo games are held each Wednesday afternoon from 2-3 pm. Join us for a rousing game! We will provide free cards and an ink marker. All you need to do is call your friends and tell them to meet you for Bingo. "Senior Center Bucks" will be awarded to winners. Start collecting your "Bucks" to use for Senior Center sponsored programs and events that have a fee.

