



Geneva Township

400 Wheeler Drive

Geneva, IL 60134

630-232-3600

www.genevatownship.com

Located in Wheeler Park

Geneva Township Officials

J. Patrick Jaeger, Supervisor

Sharon Brazill, Trustee

Denise LaCure, Trustee

Dick Sharp, Trustee

Mark Wissing, Trustee



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May 2008

Senior Center Newsletter

Commemorating Memorial Day

Geneva Township will continue its tradition of observing Memorial Day by placing ceremonial 3'x 5' American flags at each grave in Geneva Township of those brave souls who were killed in defense of our country. If you are able, visit West Side Cemetery and Oak Hill Cemetery in Geneva on Memorial Day to view this moving tribute which includes the final resting places of soldiers who were killed in the Civil War, Spanish American War, World War I, World War II, Korean War and Viet Nam War.

Additionally, to honor those Geneva Township residents who were killed in the defense of our country and whose final resting places are somewhere beyond our township, we will once again erect a 23 flag tribute to honor each of those brave township residents who have made the ultimate sacrifice. The tribute will occur on Memorial Day on the plaza immediately in front of the Senior Center. At approximately 7:00 a.m., the Fox River-Geneva American Legion Post 75 color guard will perform a 21 gun rifle salute followed by the bugle call Taps. The Senior Center will be open from 6:30 a.m. until 8:00 a.m. on Memorial Day for the comfort of Township residents age 55+ who wish to observe this moving tribute. Complimentary coffee and pastries will be available before and after the ceremony.

-May Free Lunch-

Serving Those Who Have Served

On the Monday before Memorial Day, you are invited to a complimentary chicken ala orange lunch (That's right..... FREE!!!!!!!). Simply call in your



reservation, come on in and enjoy. This tasty lunch is offered to all Geneva Township residents age 55+ and will be served on May 19th commencing at 11:30 a.m. As a special event, all Geneva Township residents attending this lunch who have served in the Armed Forces of the United States of America will be honored for their service. Township officers and trustees will serve lunch to our veterans. Space is limited! You must call 630-232-3602 no later than Monday, May 12th to make your lunch reservation. RESERVATIONS ARE REQUIRED, first come basis. Bring a Veteran! Call today!

Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.



Township Direct Phone Lines

Hours: Monday - Friday. 8:30 to 4:30

Senior Center Director: 630-232-3602
Assessor: 630-232-3604
Deputy Assessor: 630-232-3605
Supervisor: 630-232-3606
Administration: 630-232-3607
Highway Comm: 630-232-3608
Township Clerk: 630-232-3609
Senior Service Assoc. Inc. 630-762-2737
If not sure of your contact, and need assistance, just dial 630-232-3600, Ext.: 0



Carole Woods

The Wheeler Walkers

The Wheeler Walkers are off and running...well not really...they are off and walking! Carole Woods, an avid walker and a member of the Geneva Township Senior Service Committee has helped get the group marching in the right direction. Senior Center member Pat Mitchell was elected club president and Senior Center member (and regular walker)

Jack Ryan is assisting in marking the well paved and smooth paths of beautiful Wheeler Park. Township residents age 55+ can join the club. You will get a free pedometer to track your mileage and the calories that you burn. The club member that records the highest mileage for the season is going to win a fantastic prize! Wheeler Park is now in bloom and the scenery is too lovely to miss. Get some easy exercise and enjoy the fresh air, sunshine and chirping birds! Walk at your own pace! Meet some new friends! Before or after your walk you can enjoy our complimentary coffee, tea and pastries. If walking is not your cup of tea, stop by for a cup of coffee. Have some free snacks, sit on our fabulous porch looking out on gorgeous Wheeler Park and watch our walkers go through their paces.

Safety Outside of Your Home

Senior citizens can sometimes be vulnerable outside their normal surroundings. On May 14th at 10:30 a.m. at the Senior Center, Lieutenant Don Kramer from the Kane



County Sheriff's Department will conduct a free seminar on techniques to keep you safe and secure when you are away from your home. If you have particular questions regarding your safety and security, Lt. Kramer will be happy to address them. Lt. Kramer's seminar is free to all Geneva Township residents age 55+ and does not require a reservation. If you want to attend lunch after the seminar, please call 630-232-3602 no later than May 9th to make your lunch reservation. The cost of lunch is a \$3.00 donation.



Normal Aging vs. Dementia Seminar Series

On May 29th, from 10:30 to 11:30 a.m., Pam Sebern of Arden Courts of Geneva is continuing the seminar series Normal Aging v. Dementia. This month's topic is entitled Brain Mapping; How Alzheimer's and Dementia Affect Brain Function. Ms. Sebern will discuss: the difference between Alzheimer's disease and dementia; advancements in research and treatments; what Alzheimer's clinically does to the brain and how

changes affect behavior; brain lobes and their function; behavior triggers and corresponding intervention strategies and guidelines for communication. This seminar is the second in a continuing series. The seminar is free to all Geneva Township residents age 55+ and does not require a reservation. Refreshments will be served during the seminar and a free raffle will conclude the session.

After Ms. Sebern's presentation, you may, if you wish, stay for a tomato bisque and either a classic club or turkey and bacon club sandwich lunch. If you want to attend lunch after the seminar, please call 630-232-3602 no later than May 21st to make your lunch reservation. The cost of lunch is a \$3.00 donation.

Prevent Identity Theft

One of the simplest ways to prevent identity theft is to shred all of your unneeded personal papers and information. Shredding all of that paper is however, easier said than done. Paper shredders are expensive to purchase and tearing everything up by hand is difficult if not next to impossible...**UNTIL NOW!** The Geneva Township Senior Center has a new shredder that you can use at your convenience. It's entirely and completely safe, fast and convenient. Bring in your documents, papers, credit information, credit cards and data discs to the Senior Center for shredding. You can sit in a comfortable chair, have a cup of coffee and shred them yourself at your leisure, or you can drink your coffee, have a snack and watch us shred them for you. Our shredder will chop your papers into small and illegible pieces of tiny confetti. When you're done, we can throw your shredded documents out or, you can take them with you to dispose of yourself. Any unneeded document with your name, address, phone numbers, social security numbers etc. should be destroyed for your protection. Don't simply throw them in the trash! Come on down and try our shredder out. It's a free service to all Geneva Township residents age 55+.



Welcome

Ms. Jacqueline Jenkins

If you have had lunch at the Senior Center lately you may have noticed a new person in charge of the lunch program. Ms. Jacqueline Jenkins has joined us Tuesdays thru Thursdays. We are delighted to be in her very capable hands. Next time you're in, drop by and say hello to Jacqueline!

Bags 'n Boards Anyone?

Anyone interested in a friendly game of Bags 'n Boards? (also called "Beanbags," "Bags," "Baggo," "Bean Bag Toss," or "Tailgate Toss"). A game somewhat akin to, but safer and less strenuous than horse shoes. Dick Jaeger of Geneva recently donated a beautiful custom made set to the Senior Center which bears the Senior Center and Geneva High School logos. They are available for anyone to use, weather permitting.



400 Wheeler Drive
Geneva, IL 60134

Geneva
Township
Permit
No. 96

Art Insights - “Asian Odyssey: China, India, Tibet”

Asian Odyssey: China, India, Tibet features pictures of Asian art objects including early Chinese tomb sculptures, food vessels, porcelain vases and enamel decorated dishes. You’ll see a beautiful 19th century silk robe, a pair of jade dragon pendants and a 17th century hanging scroll entitled Strange Rocks. Bronze and granite sculptures of Hindu gods made in the 12th - 13th centuries and colorful *thangka* (scroll paintings) created by Tibetan artists will also be featured.

Fox Valley Volunteers for Art Insights for Seniors will present this free program on Thursday, May 15th from 10:00 - 11:00 a.m. The program is funded by the Hulda B. and Maurice L. Rothschild foundation grant. Make your reservations by calling 630-232-3602.

Just a Reminder

Please observe the handicap parking. It seems that just a few people are ignoring the parking designations. With all the new activity at the Center, the police are now patrolling the park as well as the Senior Center. There is plenty of room for dropping off and picking up seniors. We are limited on the handicap parking so your cooperation would be greatly appreciated.

Stop by and bring your friends! We’ll pop up a bowl full of popcorn and give you a bagful to enjoy. Check out the scheduled movie titles :

Monday Movies: 10:00 am —

May 5: **Cool Hand Luke**; Paul Newman, George Kennedy and J.D. Cannon

May 12: **The Godfather**; Marlo Brando, Al Pacino, James Caan

May 19 **Rebel Without a Cause**; James Dean, Natalie Wood, Sal Mineo, Jim Backus

May 26: **It’s a Mad, Mad, Mad, Mad, World**: An incredible cast of comedic characters

Friday Flicks: 1:30 pm —

May 2: **The Graduate**; Anne Bancroft, Dustin Hoffman, Katherine Ross

May 9: **Rio Bravo**; John Wayne, Dean Martin and Ricky Neslon

May 16: **Last King of Scotland**; Forest Whitaker, James McAvoy, Gillian Anderson

May 26: **Airplane**; Robert Hayes and Julie Hagerty. One of the ten funniest movies ever made!

May 30: **Lawrence of Arabia**; Peter O’Toole, Alec Guinness, Omar Sharif.

Cinematography at its best!

