



**Geneva Township  
Senior Center**

400 Wheeler Drive  
Geneva, IL 60134

Gayle Kennedy, Director

**Geneva Township Officials**

J. Patrick Jaeger, Supervisor

Sharon Brazill, Trustee

John Connolly, Trustee

Robert Kovacs, Trustee

Richard Sharp, Trustee



**Twilight Dinning**

**Special Interest This Month**

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**Springfield 16**

Cut off date is

**September 5**

Minimum is 40

Call now to assure yourself a spot



**September**

**2009**



**Senior Center Newsletter**

**Happy 2<sup>nd</sup> Anniversary!**

September 9 marks the second anniversary of the **Geneva Township Senior Center** Grand Opening! At this time we would like to thank you for your support and contributions in making the Senior Center a thriving, exciting **HUB** of activity. Thanks to your involvement, we have grown and hope to continue to serve the needs of the active adults of Geneva.



**Ribbon Cutting Ceremony**

**FREE Lunch and Volunteer Recognition Day**

All Geneva Township residents age 55+ and all members of the Senior Center may call for a reservation for the **FREE** lunch on **Monday, September 21 at 11:30**. At the luncheon we will be honoring all the wonderful people chosen as "volunteer of the month" over the past year. Our volunteers are much appreciated and their contributions have helped to make the Senior Center grow.

Our lunch for September is catered by **Villa Verone** and will be a delicious Italian feast: caprese appetizer, cold fusilli pasta salad, cheese ravioli, green salad, Pollo Portofino (rolled chicken breast filled with spinach in an olive oil and garlic sauce) and mini cannolis for desert. We can accommodate only the first 100 people who sign up. Be sure to make your reservation.

**A Day at The Races!**

Join us for a day at beautiful Arlington Park Race Track on Thursday, September 10. We have scheduled bus transportation for the first 25 people who sign up. Meet at the Senior Center at 11:00, the races begin at 1:00. The cost is \$6.00 per person for transportation and admission to the park. Lunch is on your own, and a food court is available with a variety of choices. Seating will be available inside and also outside, in the shade. We will be going rain or shine, please call for your reservation.

## Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.

## September Bowling

On September 25, interested bowlers will meet at **Bowling Green Alley** on Roosevelt Road in West Chicago at 12:45. Bowling Green charges only \$1.00 per lane. Our bowling group continues to grow, always welcoming new bowlers of all abilities. If you plan to attend, please let Gayle know. Consider joining the Fourth Friday Lunch Bunch at the Colonial Café prior to bowling.

## Fourth Friday Lunch Bunch

Lunch bunch will be enjoying the varied menu at **Colonial Café** located at 2036 W. State Street (Rte 38), in St. Charles on Friday, September 25. Located near the Geneva border, bowlers will be able to go straight down Route 38 to Bowling Green Alley for afternoon bowling. Lunch bunchers should meet at 11:30 at Colonial. Call Gayle to make a reservation so everyone can eat together.

## Chick Chat

Chick Chat is a group of women looking for fun and meaningful get-togethers at the Senior Center. They will be meeting on the first and third Friday afternoons of each month. On September 4, **Sybil Schriver** will be sharing information on her garden and love of horticulture at 1:00. On Friday, September 18 at 1:00, **Jane Cosentino**, an RN, will be discussing breast health. Questions will include what can you do to decrease your risk of cancer, how often do you need a mammogram and at what age you stop having screening mammograms. If you enjoy the company of women and talking about home, health, and quality of life issues, join us!

## Animals of Illinois

Are you curious about the animals living in Illinois? Are you aware of their rich variety, and the importance of their habitat in sustaining their population? A naturalist from **Kane County Forest Preserve** will be giving a presentation on mammals, reptiles and amphibians native to Illinois such as coyotes, minks and warblers. There will be furs, bones and feathers to look at and identify. This informative presentation will be held on Tuesday, September 15 at 1:00.

## Sailing the East Coast

Come meet **Linda and Loy Williams** and hear about their interesting life living on the water. In 2004 Linda and Loy retired and set out to realize their sailing dream. For the past 5 years, they've been living nine months out of each year on a sailboat! On Tuesday, September 22 at 1:00 they will be sharing a slide presentation of their most recent adventures, sailing along the east coast and around the Florida Keys. Come hear their fascinating story and try to imagine what life would be like *doing what they do!*

## The 8th Annual Free Flu Shot Clinic



Geneva Township is once again sponsoring a free flu shot clinic on Monday, October 12th from 9:00 to 12:00 noon. Nurses from the **Visiting Nurses Association of Fox Valley** will administer the shots. Seniors covered by Medicare Part B will have the cost of their flu shot covered by Medicare. Please bring your Medicare card. Geneva Township will cover the cost of the flu shot for any Geneva Township resident age 55+ who is not covered by Medicare Part B. For all others the cost of the flu shot is \$25.00 and the cost of a pneumonia shot is \$35.00. For the second year the DPT (diphtheria, tetanus, and Pertussis) shot will also be offered. The cost of the DPT shot is \$45.00. A doctor's prescription will be required for any shot other than the flu shot. Any payment must be by cash or check only. Seniors who need transportation to the Senior Center should contact Gayle prior to October 5th. As always, free refreshments will be served. If you have any questions, please feel free to contact the Geneva Township Senior Center at 630-232-3602.

## Someone You Should Know....Dolly Hiller



If you stop in the Senior Center on Mondays at 1:00, you will see Dolly's artistic creativity flowing in the art room. Dolly Hiller is charismatic, friendly and involved in many activities in Geneva. Born in Long Island, New York, Dolly attended modeling school following high school. She married at 20 and enjoyed 55 years with her husband. Dolly's life was full with her two sons, Gary and Alan, and volunteering with the Red Cross, library and as a den mother. She worked for 26 years as a buyer for a gift shop, later managing a gift shop for the nursing home her mother was in. Here four years,

Dolly loves Geneva; the shops, the town and the people who have "adopted her." For 50 years Dolly hadn't picked up a paint brush. Following an acrylic painting class at the Center, Dolly began painting everything from canvas to glass. She especially enjoys painting local scenes and has even sold several of her works. Dolly enjoys the Senior Center, meeting people and being involved. She takes good care of herself and is engaged in life. As Dolly says, at almost 88, "life is good."

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### Bridge with Lois— Special Classes

**Lois Hoyer** has agreed to lead a bridge session with a discussion of bidding and playing techniques along with a bridge game. On the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of September and October, the session will begin with a half hour discussion on various bridge topics; such as how to best play a hand, how to take finesses, a review of basic bidding skills, competitive bidding techniques and questions from the participants. A two hour bridge game will follow. The dates are September 14 and 28 at 12:30. You must make a reservation for this class.

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### "Love to Laugh"

If you love to laugh and enjoy laughing with others...this session is for you! Join us on Tuesday, September 8 at 1:00. You don't have to have a sense of humor or know any jokes. It is a scientific fact that fake laughter has the same physiological and biochemical benefits as the real thing. You may begin with fake laughter yet through the contagious nature of laughter the laughter becomes genuine. Join the fun and laugh with us for no reason at all. Let your inner giggles shine! This session is facilitated by a certified Laughter Yoga Leader, **Terri Reasoner**.

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### Investment Club

The Center's **Investment Club** is off to a great start! This organized group of investors has elected it's officers and is serious about getting to know all about responsible Wall Street investing. The next meeting will be held Monday, September 14 at 10:30. Come and sit in!

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### Photo Seminar with Ken

The response to our monthly seminars with **Ken Johnson** has been very good. On September 8 at 9:00, Ken will focus on working with photos on your computer; how to download photos from your camera to the computer, attach photos to emails and organize pictures into folders. Ken will demonstrate how to crop, resize and enhance photos. Bring a few digital photos to this seminar to practice with.



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### Back by Popular Demand

Make a stained glass mosaic stepping stone for your yard with **Kathy Kujawa** on Monday, September 14 at 1:00. There are sizes to choose from, the small one is \$10.00 and the large is \$20.00. Please sign up if you want to make another, or your first stepping stone.

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### Free Amplified Telephone Testing Event

The Illinois Telecommunications Access Corporation (ITAC) offers FREE amplified phones to qualified Illinois residents with a certified hearing loss. Schaumburg Township Disability Services is a selection center for the ITAC phones. **Lauren Perschon**, a representative, will be here on Tuesday, September 29 at 1:00. After her 10 minute presentation, you can do a "live" test call on each of the four phones and select which one you hear most clearly on. Check out this program and see if an amplified telephone could help you.

**FYI –Reserved Parking at the Geneva Train Station**

Many members have the RTA senior citizen fare I.D. card for free RTA/Metra transportation if you are 65 or older. The Geneva Township Senior Center will take your picture, provide the form and send the requests in for you to receive the free ride card. Some have expressed concern that there is no available parking at Geneva train station. The Geneva police department will issue a daily permit to allow you to park in 1 of 5 reserved spots on Crescent Place, next to the train depot. The temporary parking permit costs \$2.50 for 1 day and can be obtained within 2 weeks of your train trip. Go to the Geneva police department to get a temporary daily parking permit.

**Got recipes??**

Do you have a favorite family recipe? We are collecting recipes for our Senior Center Cookbook that we plan to have available before Christmas. Please submit a recipe with your name and phone number on it before September 10. Our goal is to have recipes from as many members as possible. There is a drop off basket at the center or you may email or mail it to us.

**GENEVA DELI  
1-630-232-3602**

**SUGGESTED DONATION OF \$3.75 PER  
SALAD BAR, BREAD & MILK SERVED EACH DAY**

**NEED TO MAKE RESEVATIONS  
TWO DAYS IN ADVANCE**

**September 2009 NO SALAD BAR (On Specific Days)**

**MENU SUBJECT TO CHANGE**

TUESDAY	WEDNESDAY	THURSDAY
1 Beef Barley Soup Parsley Carrots Wheat Bread	2 Oven-Fried Chicken Mashed Potatoes & Gravy Wheat Bread Soup	3 Split Pea with Ham Soup <u>Sandwich on Multi-grain Bread:</u> Hot Turkey Florentine OR Tuna Salad Sandwich <u>OR Salad:</u> BLT Chicken Salad/ Ranch Cup
8 Chicken Salad/Romaine Lettuce Herbed Tomato Wedges Multi-grain Bread Soup <b>** NO SALAD BAR **</b>	9 Diced Pork/Rosemary Sauce Garlic Mashed Potatoes Marbled Rye Bread Soup	10 Soup du Jour <u>Sandwich on Sandwich Bun:</u> Sloppy Joes OR Shaved Ham & Provolone <u>OR Salad:</u> Grilled Chicken/Spinach Greens/Honey Mustard/Rye Krisp
15 BBQ Country Pork Au Gratin Potatoes Multi-grain Dinner Roll Soup	16 Chicken Tarragon Peas Baking Powder Biscuit Soup	17 Navy Bean & Ham Soup <u>Sandwich:</u> Chicago Style Hot Dog/Bun OR Turkey/Basil Pesto/Wheat Bun <u>OR Salad:</u> Chef's Salad/1000 Island/Rye Krisp
22 Italian Beef Sandwich California Blend Vegetables Sliced Wheat Bun Soup	23 Smoked Sausage Scalloped Potatoes Rye Bread Soup	24 Broccoli Cheddar Soup <u>Sandwich on Rye Bread:</u> Hot Sliced Chicken Teriyaki OR Corned Beef & Swiss <u>OR Salad:</u> Santa Fe Ham Salad/Ranch Cup
29 Spaghetti & Meatballs Garlic Bread Soup	30 BLT Chicken Salad/Greens Tomato Wedges Rye Krisp Crackers Soup <b>* NO SALAD BAR **</b>	Please Remember We Need <b>2 DAYS NOTICE</b> For Lunch So Sign Up Today!

## We Now Have Bocce

Thank you, Will Stith, for our new, regulation bocce ball court. As a candidate for Eagle Scout, Will designed, coordinated and built the court for the active adults of Geneva Township. Will utilized community businessmen for donations of money and assistance. Take a look at our new bocce ball court in the back of the building and give the game a try, it's fun !



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### Book Club Selection for September

The Book Club has been busy reading a book a month and enjoying lively discussions on the fourth Monday of the month. The members take turns selecting books from various genres. **The Noticer**, by **Andy Andrews**, is the book selection for the Monday, September 28 discussion to be held at 10:30.

To Reach Director Gayle Kennedy call 1-630-232-3602

## DON'T FORGET OUR FREE SERVICES

Services are free of charge to Geneva Township residents age 55+!

- RTA Senior Citizen Fare I.D. Photos & Cards. One stop. (*\$5.00 charge for non-residents*)
- Personal Document Shredding
- File of Life
- Notary Service (No Cook County real estate docs.)
- Well-Being Check
- Senior Services Associates, Inc. Caseworker (every Wednesday)
- Central Kane County TRIAD
- Hearing Screening (2nd Monday each month)
- Computer class (every Tuesday morning)
- Free Monthly Lunch and Daily Refreshments
- Free Flu Shot Clinic

If you have any questions about these free services - or if you would like the Township to add a service to this list, give us a call at 630-232-3602.



400 Wheeler Drive  
Geneva, IL 60134

PRSR STD  
U. S. POSTAGE  
**PAID**  
Geneva, IL  
Permit No. 96

**Returned Service  
Requested**

### Save a Stamp

Sign up to receive your newsletter, calendar and menu electronically. Just e-mail a request to Gayle Kennedy at: [gkennedy@genevatownship.com](mailto:gkennedy@genevatownship.com)

September 2009

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